

Celebrity Buzz

Emma Watson's wardrobe mishap

pg 22



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The trials of being a Top Model

pg 18



EDMONTON • WEEKEND, JULY 10-12, 2009

metro

Victim dies in hospital

VICTORIA HANDYSIDES
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DEATH A blood-stained entryway still greets residents of a south-side condo complex, a reminder of the man they found bleeding on the floor in what would be his last hours alive.

The 40-year-old man was discovered in the lobby of the building on 71 Street and 79 Avenue around 10:30 Tuesday night.

"His eye was swollen and he was bleeding from his face," said a resident who asked to remain anonymous. "He kept trying to roll over and pass out, but we made him stay awake."

The victim, who has not been named, died Wednesday morning in hospital.

Surrounded by family who rushed to his aid, the man spoke clearly, and said he was attacked, the witness said.

If deemed a homicide, it will mark Edmonton's 16th of 2009.

Pot 'prince' comes to town

Legalization activist Marc Emery stops in Edmonton on farewell tour

VICTORIA HANDYSIDES
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Smokey grey clouds circled overhead and rose from a downtown park teeming with pro-pot supporters yesterday, who gave the country's "prince" a royal sendoff.

Marc Emery made the fifth of his 32-stop farewell tour yesterday. The man dubbed "Prince of Pot" will be hitting every major Canadian city before turning himself in to U.S. authorities in the fall.

"This is a lifelong battle, even if pot is legal one day, there will

"I don't think of myself as suffering. My destiny is secure. I've been doing this for 20 years, and we've made a lot of progress."

Marc Emery

always be some tyrant trying to recriminalize it," he said, adding his impending incarceration is for a "victimless" and "transparent" crime.

The marijuana legalization activist is ending a

four-year flight from extradition. He's sought on three charges for selling pot seeds across the border via mail, through his pot culture magazine Cannabis Culture.

"Essentially, I sold seeds to consenting adults in the United States," he said, adding U.S. authorities determined the four-to-six million seeds he sold in the U.S. would have yielded 1.1 million pounds of pot.

"They say that makes me the largest trafficker in the history of the U.S. criminal justice system. They decided if they can take me down, it will stop the movement. It won't."

Officials have agreed to drop two of three charges in exchange for a guilty plea. Emery expects to serve five years in an American prison for one count of drug trafficking, though he hopes he'll be able to serve his time in a Canadian prison.

"I don't think of myself as suffering. My destiny is secure. I've been doing this for 20 years, and we've made a lot of progress," he said. "Canadians need to know ending prohibition is the most valuable political act of our time."

ShareYourViews

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Marc Emery

Montreal Sack attack



Edmonton Eskimos quarterback Ricky Ray gets sacked by members of the Montreal Alouettes defensive team during CFL football action in Montreal, Thursday. The Eskimos were demolished 50-16. Story, pg 10

Liberal party loses lead in new poll

POLITICS The Liberals have lost the slight lead in popular support they had over the Conservatives and the two parties are now in a statistical "dead heat," a new poll said Thursday.

A weekly Ekos survey put the Liberals at 32.2 per cent support, unchanged from last week while the Conservatives edged up to 31.8 per cent from 31 per cent.

Ekos considers the standings to be a tie due to the margin of error.

The New Democratic Party was at 16 per cent, down slightly from 16.2 per cent.

Recent Ekos polls have largely shown the Liberals slightly ahead by thin margins.

REUTERS

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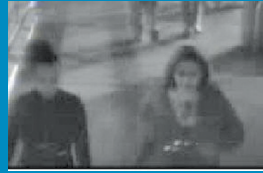
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Alberta RCMP and other law enforcement agencies are putting the focus on motorcycle safety and behaviours that put drivers, passengers and other road users most at risk: unsafe driving, improper equipment use, and intersection-related incidents involving drivers, riders and pedestrians. **METRO EDMONTON**

Local



Police release another photo

Edmonton police have released another photo to help track down persons of interest sought in a Canada Day murder. Cops are now searching for three men and two women in connection with the murder of 42-year-old Shane Howarth, who was stabbed to death in front of a busy bus terminal at 100 Avenue and 100 Street following an argument.

METRO EDMONTON

Mother of slain girl set to resume vigil in court

VICTORIA HANDYSIDES
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The mother of a slain 13-year-old girl is preparing to head back to court, to yet again face one of the people involved with the rape and murder of her daughter.

The Supreme Court of Canada has agreed to hear from prosecutors challenging 21-year-old Stephanie Bird's manslaughter conviction for her role in the vicious 2005 slaying of Nina Courtepatte.

"We're going to plow ahead and keep going at it until we win," Peacha Atkinson said Thursday. "A fleeting moment of happiness is better than nothing."

Bird is currently serving a 12-year sentence for her part in the crime. She was convicted of a lesser charge, after she claimed regret and left the scene before Nina took her last breath.

However, Courtepatte's mother believes otherwise.

"She didn't have a change of heart," Atkinson said. "She has no remorse."

Atkinson has sat through countless trials of those accused in Courtepatte's murder. Two men were found guilty of first-degree murder, a then-teenage girl was found guilty of second-degree murder, and another man was acquitted.

Atkinson has planned a round dance on Oct. 3, the day that would have marked her daughter's 18th birthday.

"It feels like it's been longer than five years. We just want Nina to know that we still miss her and love her."

metronews.ca

WHAT'S ONLINE TODAY

Video Dust may have been a key factor in Afghanistan chopper crash, at metronews.ca/canada

Video Prime Minister

Stephen Harper late for a G8 group photo ... again, at metronews.ca/canada



'It makes for better racing'

Danica Patrick looking forward to giving Edmonton's track a spin

GRAHAM MCCANN
for Metro Edmonton

Danica Patrick sped to Edmonton via satellite from Toronto on Thursday to answer questions on how revved up she is to participate in the upcoming Edmonton Indy.

"I'm working as hard as I can outside the car, harder than ever," said Patrick, who is one of the top participants in the race. "Just doing more things to prepare for the event that I hadn't done before, being even harder on myself than any other year about the areas that I need to improve."

She said that she appreciates having people around her that are not afraid to say that something she did was "crap" and uses it as constructive criticism, even though it is hard to hear sometimes.

However, she is consistently near the top when finishing.

"Running consistently every weekend also says that you are going to have your chance at that win at some point ... if you are constantly run in the top five, odds are in your favour," she said.

The Edmonton track is said to be a challenge, a more open track, and is about 90 to 95 per cent turning.

"It is quite rough, you



Danica Patrick will be driving in the Rexall Edmonton Indy later this month.

got to hang on, but it makes for better racing on tracks like that, that are more open because you have an opportunity to pass," Patrick said.

She added that the Edmonton track being wide and open makes for high

speed.

Recent news about the decision to get rid of the City Centre Airport puts questions and worries to what the Edmonton Indy's future will be.

However, Edmonton Indy ensures that it will not be

interrupted for 2010, but beyond that is uncertain.

The Rexall Edmonton Indy will start on July 24 and end on July 26, and will also feature entertainers such as Roberts Band.

For more details, go to edmontonindy.com.

City takes aim at cigarette butts

PROJECTS Edmonton has announced two new projects to help the city's smokers properly dispose of their cigarette butts.

These projects will take place on Jasper Avenue and Whyte Avenue and will test strategies to reduce litter from smokers.

These measures include installing street ashtrays, signs, and a public education campaign.

There will also be teams distributing personal pocket ashtrays for smokers in these areas.

The city wants to remind residents that the fine for littering of any kind is \$250.

Health Canada also wants to remind Edmonton smokers that quitting is a better option.

METRO EDMONTON

News in brief

ROBBERY Edmonton police have a man in custody after an alleged bank robbery late Thursday morning. Edmonton police said that they were called about a robbery that happened at a bank near 101 Street and 102 Avenue before 11:30 a.m. The suspect surrendered and was arrested.

FIRE A fire at Ross Sheppard High School Thursday afternoon caused approximately \$250,000 in damages. Although the fire was contained to a boy's washroom, there was considerable soot damage throughout the three floors of the northwest wing of the school. The fire is believed to be arson and continues to be under investigation. A teenager is facing charges after he allegedly ran over his friend and dragged him with a car.

CHARGES Around 4:30 a.m. on July 9, a 19-year-old man left a Mill Woods house party and jumped into a Ford Taurus. His 18-year-old pal then decided to climb on the roof of the car. The driver allegedly took off, driving for about 100 metres, when the man on the roof fell off, was run over, and dragged. The victim was rushed by emergency crews to hospital, where he remains in critical but stable condition. Thomas John Sterpahn has been charged with dangerous driving causing bodily harm and criminal negligence causing bodily harm.

METRO EDMONTON

BBQ helps youth gain skills

GRAHAM MCCANN
for Metro Edmonton

Young people in need of some job tips were welcome to McIntyre Park on 104th Street and 83rd Avenue on Thursday for the Service Canada Centre for Youth barbecue, which is partnered with the Old Strathcona Youth Co-op. The event was to promote the effort to focus on helping youth gain job finding skills.

"We're trying to provide information to the youth, and we're just trying to make sure they have their resources," said Brad Boyd, Lead Youth Services Officer. "A lot of them don't

like to come downtown so it's best to come to them."

The SCCY helps youth in skills such as writing resumes, interview skills, and job search skills.

The Old Strathcona Youth Co-op is a drop in facility for young people in need.

"I had a great time so I keep coming back," said Jason Adams, who has sought help from the organization.

"It's really good to feel like you belong somewhere," Adams added.

"Somewhere positive, rather than hanging out on the street with all the drug addicts."

The Youth Co op is located at 10325 83rd Avenue.



Brad Boyd offers up some burgers at McIntyre Park yesterday.



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Canada is taking its dispute with South Korea over beef exports to the World Trade Organization, after failing to convince its fourth-largest beef market its products are safe from mad cow disease. South Korea banned imports of Canadian beef in May 2003. REUTERS

Canada



Ottawa moves on 'clunkers'

Ottawa is looking into whether to offer consumers more incentives to retire their old, polluting cars and buy new vehicles. "We're assessing it now. Certainly any changes we make would come into effect this fall," federal Environment Minister Jim Prentice, left, said in an interview with CBC Newsworld. The U.S. has a "cash for clunkers" law. Several European countries also offer incentives.

METRO NEWS SERVICES

Obama's climate crusade

The world's industrialized nations will pay to help developing economies slash emissions in a bid to rescue a global deal on climate change.

U.S. President Barack Obama acknowledged a deep split between rich and poor countries Thursday as meetings at the G8 summit in L'Aquila, Italy, ended in a stalemate.

The sticking point: Who should bear the burden of reducing greenhouse gases.

But he argued it doesn't have to sink an international deal to halt global warming.

"I believe we've made some important strides forward," said Obama.

Negotiations on a global deal culminate in Decem-

ber in Denmark.

Obama said the U.S. has in the past been a climate-change laggard.

"I know that in the past, the United States has sometimes fallen short of meeting our responsibilities.

"So, let me be clear: Those days are over," Obama said.

Prime Minister Stephen Harper hailed the return of U.S. leadership on climate change.

Harper said Obama's climate-change targets are "virtually identical to ours."

"I've been saying for a decade it is essential for Canada to have realistic participation from the United States."

TORSTAR NEWS SERVICE



Prime Minister Stephen Harper poses for a photo with Denisse Rudich, one of the junior G8 delegates during the G8 summit in L'Aquila, Italy, on Thursday.

So why can't Stephen Harper be on time?

TARDINESS Prime Minister Stephen Harper was late again.

Smiling politicians stood on a podium before a sea of media cameras

Thursday ... waiting for Canada's PM.

U.S. President Barack Obama jogged into his spot to cheers.

Harper's international colleagues began to giggle as staffers, security, and media called out: "Harper? Harper? Where's Harper?"

Harper finally arrived.

In April, at London's G20 summit, Harper was absent for the first take of a "family photo" — leading to a retake.

The BBC reported then that Harper had been in the "loo," prompting denials from the PMO.

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Wilfred turns 65 ... and is sentenced for his 65th conviction

Wilfred Stanley Edwards of Charlottetown, whose nickname is Wessie the Cat, marked his 65th birthday in court — being sentenced for his 65th conviction. He was given two consecutive 45-day jail terms for the theft of razor blades, CBC News Online reports. **METRO NEWS SERVICES**

canada **5**

Isotopes crisis: U.S. may decide to go it alone

REACTORS The extended shutdown of the troubled nuclear reactor at Chalk River, Ont., has the U.S. government poised to invest millions to get back into the medical isotopes business.

And the move could eventually push Canada out.

The U.S. has long considered returning to domestic production of the molybdenum-99 isotope made at the Canadian reactor.

An official from the National Nuclear Security Administration said this week the outage at Canada's National Research Universal reactor — which usually fills about 60 per cent of the U.S. demand for medical isotopes — has prompted a "supply crisis" that has captured the attention of officials in the White House.

That's one more reason for U.S. President Barack Obama's administration to re-examine making medical isotopes in its own backyard.

REUTERS

CFB Trenton, Ont. Grieving for a fallen comrade



An honour guard carries the casket of Cpl. Martin Joannette during a repatriation ceremony at Canadian Forces Base Trenton in Ontario, on Thursday. Joannette and Master Cpl. Pat Audet were killed when a Griffon helicopter crashed during takeoff at a base in Zabul Province, Afghanistan, last Monday. Joannette was based at Canadian Forces Base Valcartier near Quebec City.

B.C. must brace for bigger deficit: Minister

ECONOMY British Columbia's budget deficit will almost certainly be worse than the forecast \$495 million, Finance Minister Colin Hansen said Thursday.

Hansen said new figures will be issued in September. But revenues from corporate and personal income taxes are lower than expected.

"Given what I know today I am not optimistic at all that a \$495 million number is anywhere near possible," Hansen told reporters.

REUTERS

Airline faces the music

Ode to a guitar a hit on web

Dave Carroll's ode to a broken guitar has turned into an Internet tempest.

It has also become a cause célèbre for any musician who has had a maddening flight experience.

The Halifax-based singer-songwriter's music video United Breaks Guitars — a hit on YouTube — chronicles his year-long battle for compensation after a United Airlines baggage handler broke his guitar.

But there's one woman who isn't tapping her toes to the folk ballad — and that's because she is named in the second verse.

"I am not pleased with that. I did my job and upheld company policy," the now notorious Ms. Irlweg said from an airline office in Illinois. (She asked that her first name not be used.)

It's about to get a lot more unpleasant for her.

Carroll has written and recorded the song's sequel,

"I am not pleased with that (song)."

Ms. Irlweg, airline rep

which takes a closer look at the exchanges between him and the baggage claims representative.

"One day I'd like to meet her. I have a feeling she's a funny person," he said.

The pair's battle began last year. As the aircraft sat on the tarmac in Chicago, a passenger spotted a baggage handler tossing instruments.

Carroll discovered the neck of his \$3,500 Taylor guitar had been snapped.

He was bounced from one employee to the next until reaching Irlweg, who told him he would not be compensated.

United Airlines said the company will use the video to train staff.

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Across the globe an emerging El Nino weather pattern threatens to cause droughts and floods and trigger a spike in planet-warming greenhouse gas emissions from burning forests. Trying to predict how El Nino will be affected by global warming is a major challenge, scientists say. **REUTERS**

World



North Korea suspected in cyber attacks

A fresh wave of cyber attacks that slowed U.S. and South Korean websites this week hit more targets Thursday, a web security firm said, while the South's spy agency has said the hacking may be linked to North Korea. The impact of the attacks, aimed so far at dozens of sites including the White House and the South's presidential office, was seen as negligible, experts said, but served as a reminder that Pyongyang has been planning for cyber warfare. **REUTERS**

Obama sees G8 progress

However UN says climate change strides not enough

U.S. President Barack Obama said on Thursday the world had made "important strides" towards arresting climate change by agreeing to limit warming, but UN chief Ban Ki-moon said it was simply not enough.

"This is politically and morally (an) imperative and historic responsibility ... for the future of humanity, even for the future of the planet Earth," said Ban.

Major economies meeting in Italy agreed to restrict global warming to two degrees Celsius — a development that was unthinkable 12 months ago, before Obama was elected president of the world's second biggest greenhouse gas emitter.

But the Group of Eight

rich nations failed to persuade top emitter China and India to join in a push to reduce global greenhouse gas emissions by 50 per cent by 2050 — a blow to efforts to secure a new UN pact by year end.

And Canada and Russia appeared to turn their back on the G8's stated aim of cutting its emissions by 80 per cent by 2050 within 24 hours of it being announced.

"It really fits together well with the pathway that Canada is on, that the gov-



Obama

ernment adopted, to reduce our emissions by minus 20 per cent by 2020, and then by 2050 to reduce them by as much as 60 to 70 per cent," Environment Minister Jim Prentice told CBC.

On the first day of the summit the G8 acknowledged there are still risks to financial stability from the economic crisis, but tough new rules for global business and finance will be left to the broader G20 meeting in Pittsburgh in September.

Ahead of development talks on Friday that include leaders of nine African nations, including Libya's Muammar Gaddafi, plus international food and farming aid agencies, the G8 was likely to pledge \$15 billion to a U.S.-led plan on food security. **REUTERS**

China's leader has tough words

UNREST Chinese President Hu Jintao, forced to abandon the G8 summit in Italy by ethnic violence in Xinjiang, said that maintaining social stability in the energy-rich region was the "most urgent task," state television reported on Thursday.

Hu described Sunday's deadly riots in the regional capital Urumqi as a "serious violent crime elaborately planned and organized by 'three forces' at home and abroad," an apparent reference to religious extremists, separatists and terrorists.

Hu, who doubles as Communist Party chief, told the decision-making Politburo late on Wednesday that local authorities should "isolate and deal a blow to the small group" of rioters and to "unite and educate the majority" of Uighurs. Foreign Ministry spokesman Qin Gang shrugged off Turkey's call for the UN Security Council to discuss ways of ending the violence, saying Xinjiang was an internal affair.

Thousands of Chinese troops took up position in the riot-damaged streets of Urumqi in a show of force aimed at stifling ethnic violence. **REUTERS**

Brazil Off-the-wall lifestyle



Brazilian artist Tiago Primo scales a wall in Rio de Janeiro Wednesday. Primo and his brother are giving a new meaning to hanging out — eating, reading and sleeping as they hang from the side of a building. Tiago and Gabriel Primo have been spending up to 14 hours a day in their "house" on the side of an art gallery since May.



The site of an explosion in Logar province south of Kabul yesterday.

15 students among blast victims

AFGHANISTAN An explosion outside a school south of the Afghan capital on Thursday killed at least 25 people, including 15 students, officials said, and Taliban fighters overran a district near the Pakistan border after heavy fighting.

The blast in Logar province and the gunbattles in eastern Nuristan were the latest incidents in an escalation of violence across Afghanistan since U.S. Marines launched a major new offensive in the Taliban bastion of Helmand a week ago. That assault, Operation Strike of the Sword, is the first major operation under

Insurgency

- Afghanistan's east and south have long been Taliban strongholds, although a growing insurgency has spread out of those areas in recent months to the relatively safer north and even to the outskirts of Kabul.

U.S. President Barack Obama's new regional strategy to defeat the Taliban and stabilize Afghanistan, which holds a presidential election on Aug. 20.

Officials said the Logar blast was caused by explosives hidden beneath a pile

of firewood in the back of a truck which had crashed overnight, leading to speculation the explosives could have been meant for an attack elsewhere.

Logar police chief Ghulam Mustafa said the truck rolled into a stream between two schools. The blast went off as police checked the abandoned truck in the morning, he said.

"The four police who were checking the truck got killed, so were the students and some shopkeepers and other civilians," Mustafa told Reuters by telephone.

Bombs kill 50 as violence flares in Iraq

BAGHDAD Bombs in Baghdad and northern Iraq killed at least 50 people on Thursday, police said, underscoring doubts about local forces' ability to keep Iraqis safe after U.S. troops pulled out of city centres.

The attacks in the north, where tensions between Arabs and Kurds threaten to flare into Iraq's next conflict, and in the capital appeared to be part of an attempt by insurgents to reignite sectarian fighting following the partial U.S. pullback.

Two suicide bombings in Tal Afar, a town in volatile Nineveh province that is



A boy hurt in a bomb attack lies in a hospital in Dahuk, Iraq.

mainly home to minority Turkmen of the Shiite Muslim faith, killed 34 people and wounded 60.

Nineveh and its main city

Mosul have suffered a steady drumbeat of attacks since June 30, when U.S. troops withdrew from urban centres. **REUTERS**

News in brief

IRAN Riot police fired in the air to disperse pro-reform demonstrators in central Tehran on Thursday, nearly four weeks after a disputed

election triggered mass protests across Iran, a witness said.

ISRAEL Israeli Prime Minister Benjamin Netanyahu received

lukewarm ratings in a poll on Thursday on his first 100 days. Israel's opposition accused him of "zero" achievements during that time. **REUTERS**

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

Comment

Pension reform upon us

Growing pressure on government for new offerings

InBusiness

Charles
Davies



As Canada's population rapidly ages, financing retirement has become a huge concern. Existing public pensions won't provide enough money (the Canada Pension Plan covers only about 25 per cent of our needs while the Quebec Pension Plan has serious funding troubles), entitlements and personal savings are inadequate, and company pension plans are either underfunded or cover too few people.

All this adds up to growing pressure on government to come up with new

public pension offerings to help fill the gap. There are two proposals that could gain traction.

The first is the Canada Supplementary Pension Plan, an idea first promoted last year by pension guru Keith Ambachtsheer from the C.D. Howe Institute. The CSPP would work like the CPP, with voluntary payroll deductions (to an annual maximum of \$20,000) put into individual retirement savings accounts. The funds would be managed by a body that is arm's length from government, not unlike the Canada Pension Plan Investment Board. The goal would be to combine eventual income from the CSPP with other forms (CPP, OAS, GIS, savings, company plans) to replace at least 60 per cent of pre-retirement income.

A second proposal is the Universal Pension Plan es-

PensionSeries

(Editor's note: This is the final part of a three-part series by Charles Davies on pension plans.)

poused by the Canadian Association of Retired Persons (CARP), the lobby group for middle-aged and senior Canadians. The UPP would essentially be an extension of the existing CPP and would also be similar to the CSPP. Unlike the CSPP, however, contributions would be mandatory, and the goal would be to replace 70 per cent of pre-retirement income.

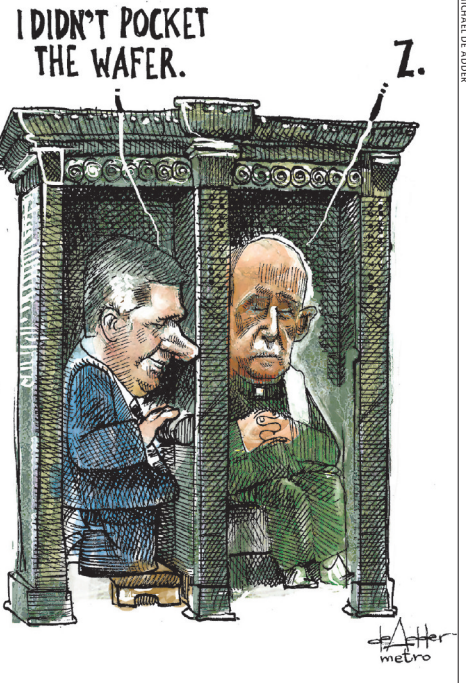
Other variants of public plans are being talked about in Alberta and British Columbia. So far, Ottawa is ignoring the issue, perhaps because it has more immediate problems. The pension crunch

isn't going away, though. If you believe CARP, it won't just be the poorer classes that will strain to make ends meet for the rest of their lives.

It's already happening. Go into any big box retailer and check out the staff. Chances are many are people who have "retired" from their principal jobs, but who seriously need this income.

For younger baby boomers, those who have a decade or so before normal retirement, the prospect of working indefinitely won't sit well. Count on them putting the heat on politicians to extend the CPP or come up with an additional plan. Of necessity, a new era of pension reform is upon us.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.



Worth mentioning

Brit's breakup leads to The Sale Of A Lifetime

A British artist has decided to sell everything except the clothes on his back after a breakup with his girlfriend.

Jasper Joffe plans to sell all his worldly possessions at the upcoming exhibition: The Sale Of A Lifetime at the Idea Generation Gallery in London from July 29 to Aug. 2.

"(I'm) wiping the palate clean ... by cleaning out my physical clutter," Joffe told Reuters. The sale is just the latest in a trend of love-lorn public gestures. Last month, a British millionaire offered

his house, sports car and boat to the winner of a "Beat the Credit Crunch Blues" lottery after getting divorced.

Joffe, who sold his satirical portrait of Heinrich Himmler to Charles Saatchi, is aiming for the exhibition to also be a means of getting his ex-girlfriend's attention in hopes of a possible reconciliation.

"It's like saying, 'I'm going to give up everything for you' — it's the ultimate romantic gesture," he said.

REUTERS

Views

Time to open our eyes to high-speed link

UrbanCompass

Terence
Harding

metronews.ca/harding

I marvel at our civic leader's ability to think small. When we should have opened up the discussion of a high-speed rail link between Edmonton and Calgary, our mayor's comment was that it might have some merit, but money for public transit in both cities would be a better investment.

There's no doubt that we need a more integrated transit system and extending the LRT is crucial to our development as a city. But the real question is why we have such a pitifully small

rapid transit system when we compare it to Calgary's? One part of the answer is that we just don't want to think in terms of decades rather than years.

If we had taken the financial risk that Calgary did, we would have a much bigger and more effective system. But instead we thought small. For many people, the city wasn't big enough at the time to justify the expense. Given how the city has grown since our LRT came into service more than 30 years ago, that was shortsighted thinking. And that brings me back to the high-speed rail link.

For the life of me, I cannot imagine how a high-

speed rail link would be anything but positive for Edmonton and for the environment. Having such a link would certainly put us on the map in North America. As far as I know, there is no such link anywhere else on the continent.

We also have engineering, fabricating and construction companies in Edmonton that would no doubt benefit from this kind of mega project. And depending upon the type of train we choose, I suspect there would be lots of opportunities for technology transfer and development that would benefit Edmonton.

The positive environ-

mental impact of a high-speed link would be profound. Thousands of single-occupant vehicles travel between Edmonton and Calgary every day. I can't believe I'm the only person who would much rather get on a train and be in downtown Calgary in an hour. It's true that we probably don't have the needed population right now. But the operative words there are "right now."

Does anybody really think Edmonton, Calgary and the rest of Alberta is not going to grow during the next two or three decades? Maybe we should change our slogan to "Edmonton — City of Myopic Leadership."

Terence Harding is a corporate communicator. He's a keen observer of all things Edmonton; edmontonletters@metronews.ca.

33 Jasper Joffe said he plans to sell everything from toiletries to clothes in 33 lots priced at 3,333 pounds (\$5,355 US) each, hanging onto only the clothes on his back, his passport and his wallet.

REUTERS

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Activists urge California to start taxing pot

The Californian legislature is being urged by marijuana activists to consider taxing the drug to help raise revenues in order to close a \$26.3-billion budget gap. **REUTERS**

9

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

GM ready to return

A shiny new General Motors Corp. will rise Friday from the twisted heap of metal — and crippling debts — of the old.

It will have fewer workers and brands, but it will be have billions of dollars in government bailouts.

After clearing last minute court hurdles Thursday, GM was expected to announce Friday that it is poised to exit from Chapter 11 bankruptcy protection in the United States. There is widespread speculation it will unveil a new look, changing its square logo from blue to green to show consumers that it really is leaner and greener. It is also slashing jobs in a drastic bid to cut its costs.

Challenges

1 Bad image: Consumers may still think of GM as teetering and take a pass on their vehicles.

2 Reduced sales force: With fewer showrooms, will buyers stroll over to a rival?

3 No real change at top: New CEO Fritz Henderson used to be GM's chief fi-

nancial officer.

4 Product lineup: Just four brands, and observers say the automaker still lacks a good quality small car.

5 The board: Veteran directors outnumbered by new ones from the United Auto Workers union and from Canada. How will they steer the company?

But experts say GM must produce vehicles that people want to buy and change its image dramatically. "What they have to change is the essence of the company. For a car company, that means the cars," said Joseph D'Cruz, professor of strategic man-

agement at the University of Toronto.

Canadian operations will be unaffected by Friday's announcement. GM Canada went through its own painful restructuring, though it did not file for court protection here.

TORSTAR NEWS SERVICE



Google CEO Eric Schmidt, former Microsoft CEO Bill Gates, and Nathan Myhrvold of Intellectual Ventures share a laugh outside the Sun Valley Inn in Sun Valley, Idaho.

Google-Microsoft war could lower PC prices

TECHNOLOGY Google Inc.'s bid to compete with Microsoft Corp.'s Windows operating system may help lower the cost of personal computers even as prices are already being pinched by inexpensive netbooks.

Google said it will offer its just-announced Chrome operating system for free when it is launched in the second half of 2010, a move that could force Microsoft into a price war.

Although Windows is installed on 90 per cent of the world's PCs, Microsoft won't take Google's challenge lightly, analysts said. Its new Windows 7 system will be available in October.

"Microsoft's strategy is likely to be to compete on

Windows price

• Microsoft doesn't say how much it charges PC brands for Windows, but analysts estimate it gets \$20 to \$40 for the older XP system used in most netbooks, and at least \$150 for the current Vista system.

price," said Brent Williams, an analyst with the Benchmark Co. "Now there's a competitor with the muscle and the brand recognition. Google is that company."

Google said Chrome OS, based on the open-source Linux code, is being designed for all PCs but will debut on netbooks. **REUTERS**

Business in brief

MADOFF Arch swindler Bernard Madoff will not appeal the 150-year prison sentence he received for masterminding a global multibillion-dollar investment fraud, his main lawyer said Thursday. Madoff, 71, was given an effective life term June 29 for Wall Street's biggest swindle after pleading guilty to criminal charges, including securities fraud, money laundering and perjury.

AUTO The Obama administration's new \$1-billion US "Cash for Clunkers" program, which pays consumers up to \$4,500 in credit to swap gas-guzzlers for new, more fuel efficient models, has been lauded by car dealerships since it was signed into law in June. Backers hope the program will sell 250,000 new vehicles this year. **REUTERS**

It'll through history the great religions have spoken to the return of a future Teacher. The Christians hope for the return of the Christ, the Buddhists look for the coming of a new Buddha, while the Muslims await the Imam Madhi, the Hindus a reincarnation of Krishna and the Jews the Messiah. How will we know Him? Surely He will ring our hearts with a message of sharing, justice and brotherhood. How can we prepare the way for Him? Each day brings opportunities, large and small, to act in favor of unity and justice. Our willingness to share will make a real difference in our world.

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LPGA commissioner Carolyn Bivens reportedly is agreeable to a buyout of the final two years of her contract amid calls for her resignation by key players. Sports Business Daily cited sources on its website Thursday that the LPGA Tour board has authorized a golf industry executive to contact potential candidates to replace Bivens. **METRO NEWS SERVICES**

Sports

EDITOR: CHRIS.CLEMENTS@METRONews.CA

Clips ink No. 1 pick

The Los Angeles Clippers signed Blake Griffin, the top overall pick in the 2009 draft, on Thursday. Per team policy, terms of the deal were not disclosed. The 2009 National Player of the Year, Griffin averaged 22.7 points and 14.4 rebounds in his sophomore season for the Oklahoma Sooners.

METRO NEWS SERVICES

Als crush Esks

CFL RESULTS

Edmonton 16 Montreal 50



Actually, it could have been worse.

That's the only silver lining the Edmonton Eskimos can take after a 50-16 butt-kicking from the Montreal Alouettes at Percival Molson Stadium in Montreal on Thursday night that dropped them to 1-1 on the season.

On a night Montreal quarterback Anthony Calvillo strafed the Eskimos defence for 343 yards and two touchdowns on 24 completions and rolled up 446 yards of total offence, it was closer on the scoreboard than it was on the field as

the Als improved their record to 2-0.

While Calvillo threw a 28-yard TD pass to Kerry Watkins on his first drive to make it 7-0, hit S.J. Green for another in the fourth quarter to make it 26-9 and scored on a four-yard run in the second quarter to make it 19-6, the Als let a handful of other scoring chances slip through their grasps.

Calvillo, who beat up on the Esks 40-4 when they came calling Sept. 21 last season, and his offence stalled on three other possessions in the first half alone, with two resulting in singles on missed field goal attempts by Damon Duval.

The Esks had their chances as well, but a pair of dropped balls in the end

zone by rookie running back Arkee Whitlock on passes from Ricky Ray snuffed a pair of drives.

"The bottom line is we have to stop shooting ourselves in the foot," coach Richie Hall said of Whitlock's case of the dropsies and five turnovers.

"We have to stop shooting ourselves in the foot."

Esks coach Richie Hall

One and done?

Whitlock, in the line-up for injured Jesse Lumsden, played his first game for the Esks. It might be his last.

Whitlock looked like a bundle of nerves in the first half as he dropped the passes from Ray and fumbled once. To rub it in, Whitlock deflected a Jason Maas pass into the hands of Cory Huclack in the fourth quarter and he returned it for a TD.

ROBIN BROWNLEE

FOR METRO EDMONTON



Eskimos slotback Fred Stamps tries to elude Alouettes cornerback Mark Estelle on Thursday night in Montreal. The Alouettes crushed Edmonton 50-16 on the night.

STEVE DUGG/PHOTO METRO CANADA

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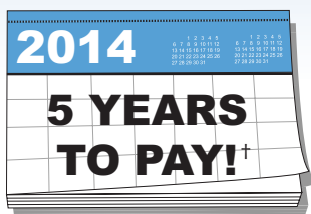
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Canadian teen sets world record in 50m breaststroke

SWIMMING

Teenager Amanda Reason broke the world record in the women's 50-metre breaststroke on Wednesday at the Canadian trials for the world swimming championships.

The 15-year-old Reason clocked 30.23 seconds to eclipse the previous mark of 30.31 seconds set by Australia's Jade Edmistone in 2006.

"This is just amazing," Reason told reporters. "I'm speechless, incredible."

"My coach said I had to go out fast and get my head into the motion."

"I did that well in the

beginning and kept pushing it through to the end and I did it."

The world record is the first by a Canadian in a long course pool since Allison Higson broke the 200 breaststroke mark in 1988.

Reason, from Toronto, won the bronze in the 50 breaststroke at the world junior championships and in January took silver at the junior Pan Pacific championships.

The 50-metre breaststroke is a world championship event, but is not raced at the Olympics.

REUTERS

Sports in brief

SWIMMING Michael Phelps broke the 100-metre butterfly world record by clocking a time of 50.22 at the U.S. championships on Thursday. Gold medalist at the Beijing Olympics, Phelps bested the old mark of 50.40 by .18 seconds.

HOCKEY Detroit Red Wings forward Jiri Hudler has signed a two-year contract to play for Dynamo Moscow. The Detroit Free Press reports Hudler was

offered as much as \$5 million per year, tax exempt, to play in Russia. The 25-year-old Hudler had 23 goals and 34 assists in his most productive season during the 2008-09 campaign. **BASEBALL** Philadelphia Phillies centre fielder Shane Victorino and Detroit Tigers third baseman Brandon Inge were chosen by fan voting as the final two All-Stars, MLB announced Thursday.

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The National Hockey League said it has been approached by another potential bidder for the Phoenix Coyotes who wants to keep the bankrupt team in Arizona. The league revealed a possible third bid for the team, but did not disclose any details. **REUTERS**

Hitting the big time

Canadian fighter gets big break at star-studded event

Three months ago, T.J. Grant had never stepped into an Ultimate Fighting Championship cage. But on Saturday night, the native of Cole Harbour, N.S., will be part of what UFC is dubbing the "biggest event in mixed-martial arts history."

Grant will fight Dong Hyun Kim of South Korea in the preliminary portion of UFC 100 at Mandalay Bay Events Center in Las Vegas as part of a star-studded event that

features the likes of Brock Lesnar and Georges St-Pierre.

"I remember watching all the UFCs way back like 10 or 12 years ago, before anyone even knew what it was," the 25-year-old Grant told Metro Halifax on Thursday night. "No way did I imagine there would be a 100th UFC and I would be in it."

It's Grant's second bout on a four-fight UFC contract signed earlier this year. He is 14-2 overall after winning his debut



T.J. Grant will fight Dong Hyun Kim of Korea in the preliminary portion of UFC 100 in Las Vegas on Saturday night.

against Japan's Ryo Chonan at UFC 97 at Bell Centre in Montreal in April and is riding a five-fight winning streak.

Grant landed this fight after two previous UFC bouts were cancelled. He got the call for UFC 100 to replace Quebec's Jonathan Goulet, who injured his shoulder.

He landed in Las Vegas on Tuesday.

"I had no idea how big (UFC 100) was until I arrived here," said the Brazilian jiu-jitsu purple belt. "The buzz down here is crazy for this show. Billboards, posters, you name it. Even the blackjack tables have UFC 100 printed on them."

Kim, nicknamed Stun Gun, has an 11-0-1 record and has two victories since joining UFC last May. Most have pegged Grant as the underdog, but that makes it a golden opportunity to get expo-

"This fight is everything to me. I will be as ruthless in there as I need to be."

T.J. Grant

sure and make a name for himself.

"This fight is everything to me," said Grant, who made his MMA debut in 2006 as part of Extreme Cage Combat 1 in Halifax. "I will be as ruthless in there as I need to be."

Lesnar, a former WWE wrestler with a 3-1 record, and St-Pierre, from St-Isidore, Que., are the co-main events.

The six-foot-two, 265-pound Lesnar has a heavy-weight tilt with Frank Mir (12-3). St-Pierre, 18-2 and riding a five-fight winning streak, shows down with Thiago Alves (16-3).

Superstar athletes lift their sports into legend



When it comes to sport there is no greater force than the power of one.

This reality has been made plain by the recent odysseys of more than one superstar.

Roger Federer's triumph over Andy Roddick at Wimbledon was a match for the ages.

The immovable force prevailed over the challenger in spite of the latter serving up rockets, which screamed across centre court. The thrill of the grass resulted in a marathon with Federer emerging as the most prolific male tennis player of all time.

To watch his journey on that day was mesmerizing — the talk around millions of water coolers the next morning.

And then there is our relentless fascination with Tiger Woods.

Golf's sparkling savant has us transfixed. The television networks are glued to his every move even in the rare case that he is not in contention. We, the fans, never tire of dissecting his every approach and tricky

putt.

If we are not watching Tiger Woods, it would seem, we are not really watching the tournament at all. We are all collectively the moths to his brilliant flame.

Which brings us to the resilient Lance Armstrong.

At 37 years of age, Armstrong has returned to the Tour de France and in spite of the cloudy suspicion surrounding his magnificent past, he rides on in plain sight. Once again, Armstrong is challenging for the lead in one of the most grueling tests sport has to offer.

It is a must to check in on Armstrong's progress every day although few of us would cast a second glance cycling's way in his absence.

This is the stuff of legend and, throughout time, sport has been dominated by these solitary, spectacular figures.

Muhammad Ali, Jack Nicklaus and Usain Bolt have all been in that category. They are icons commanding our rapture just as Federer, Woods and Armstrong have.

It is our fascination with the outer limits of human achievement.

While we all like to think of ourselves as good team players what we truly aspire to be is an individual superstar just like them.

Scott Russell is the Host of CBC Sports Weekend seen Saturday afternoons. He has covered professional and amateur sports including nine Olympic games and numerous world championships.

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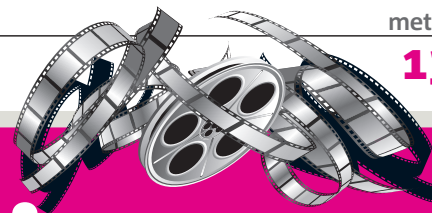
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13

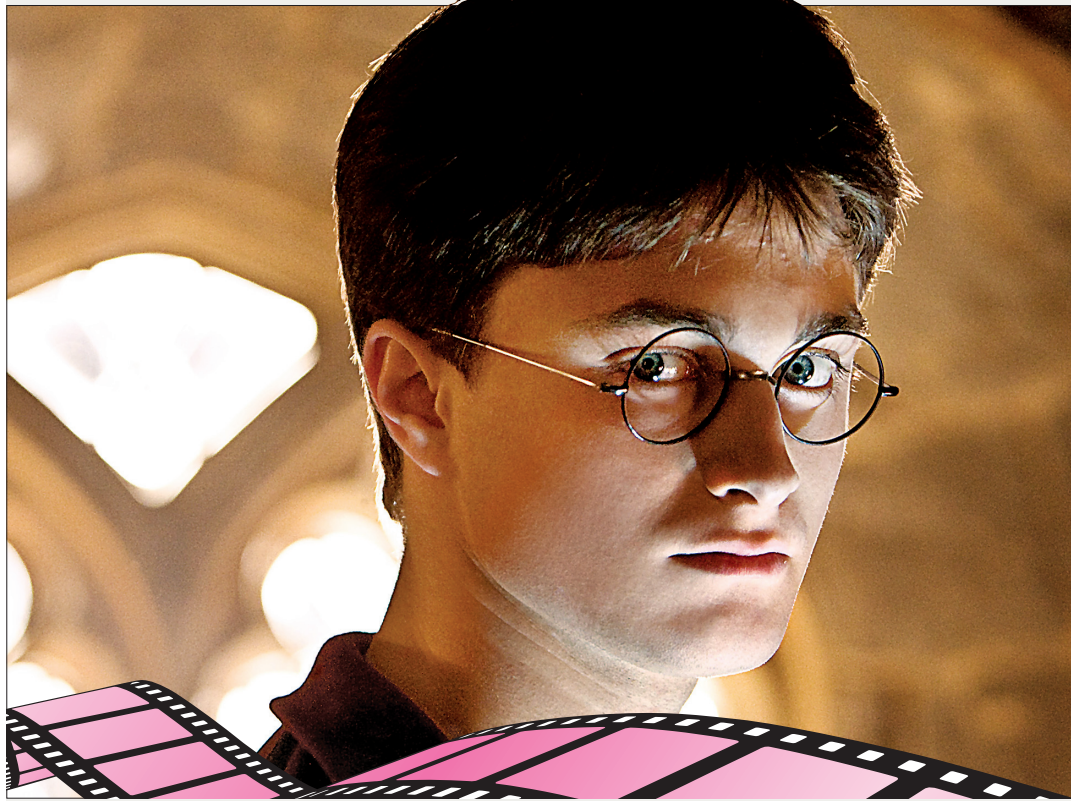
Movies & Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Phenomenon

Pg 14



With two more films still to be made, one actor tells Metro he is still grappling with the legacy of the Harry Potter phenomenon.

Movies

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It's quite possible that Bruno tops his predecessor Borat.

Music

Pg 17



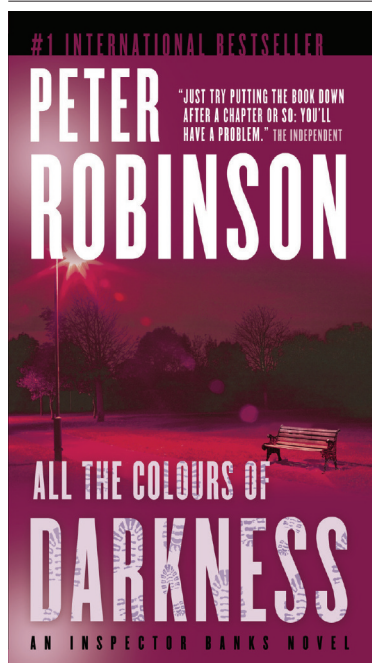
Self-released artists pick up label and month-long tour.

Television

Pg 18



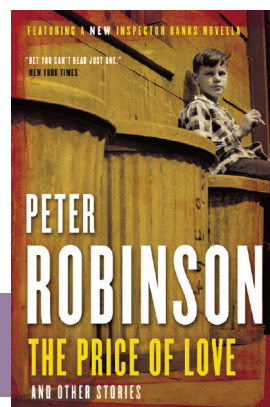
Model contestants say fame sometimes takes its toll.



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Movies

★★★★★ A CLASSIC; ★★★★★ EXCELLENT; ★★★ GOOD; ★★ FAIR; ★ POOR

Real Draco revealed

Potter schoolmate a complete coward: Felton

ANNE BRODIE
for Metro Canada

Tom Felton, who plays Hogwarts's dastardly teen wizard-in-training Draco Malfoy, is all sunny smiles while meeting press in a Toronto hotel.

It's surprising after the busy week he has had promoting Harry Potter and the Half-Blood Prince — the newest addition to the Potter movie franchise.

There was the London premiere on Tuesday night, a full day of media in Toronto, and then a quick flight to New York for an international press junket.

"Sunday, I get my roots done in England and Monday we film Deathly Hallows," says Felton.

At 21, he's an old hand at the Potter game. He was ten when he first played Malfoy and now — in the



Tom Felton returns as Draco Malfoy in Harry Potter and the Half-Blood Prince, in theatres next week.

Movie feature

sixth Harry Potter outing — he has his most dramatic moments yet as his character

takes on more of a key role in the series.

"I was very nervous when I first read the script," he says.

"I thought it might be beyond my capabilities. But I was absolutely thrilled to turn this slightly two-dimensional character into a real bundle of emotion."

Even though he has played Malfoy in five previous films, Felton says he had a revelation about his character while shooting The Half-Blood Prince.

"You assume Draco's this confident, cool, solid person when in reality he's just a complete coward. He's terrified of the world

On the web

• For movie photos, trailers and screen times, or to buy tickets, visit metronews.ca/movies.

around and that's why he attempts to bully people around him. I try to do the opposite really.

"It only came to me now. It's nothing to do with his personal self, he's not bad. The people have raised him to be the way he is. I think he's desperate to be nice, but he just can't be. He doesn't have an option, he's never been taught how to."

Idiotic Brüno tops bumbling Borat

Brüno

Director: Larry Charles
Stars: Sacha Baron Cohen
Classification: 18A
Rating: ★★★★★

NED EHRBAR
Metro World News



Sacha Baron Cohen reinvents himself as Brüno.

REVIEW Sacha Baron Cohen follows up his 2006 hit Borat with another mockumentary about a clueless outsider exploring America — and he may well have topped himself.

The new film excels because of its more focused subject matter — celebrity and homosexuality — and its more idiotic protagonist. Whereas Borat was a bumbling outsider, out of his depths in American culture, Brüno is all swag and confidence.

Sure, he's an idiot, but he's also his own biggest fan (after his assistant's assistant, Lutz), which makes him that much easier to laugh at.

The story follows Baron Cohen's Austrian TV fashion reporter trying to become a celebrity in the U.S. after being sacked for disrupting Milan Fashion Week. He tries everything he can think of to become the "biggest Austrian superstar since Hitler," from trying to make a sex tape with Ron Paul to adopting a baby from Africa, but eventually realizes his sexuality is holding him back.

"I looked at big stars like Tom Cruise, John Travolta and Kevin Spacey, and I realized they had one thing in common — they're straight."

While many of the laughs come from shock (there is an awful lot of male genitalia in this movie, including one specimen that shouts at the camera), the best humour in Brüno comes when Baron Cohen lets his equally un-self-aware subjects dig their own graves.

Two L.A. public relations pros do a great disservice to their profession's reputation, displaying a level of vapid to rival Brüno's — only they're not acting. Equally scary is a series of interviews Baron Cohen conducts with stage parents trying to get their toddlers a gig in a photo shoot he's planning.

No matter what he suggests — lit phosphorus, radical weight loss — the parents insist their babies are up for it. Once again, Baron Cohen proves that no matter how ridiculous of a character he creates, he can find real people out there that are even more ridiculous — and aren't afraid to prove it on camera.

• For Brüno photos, a trailer and screen times, or to buy tickets, visit metronews.ca/movies.

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Virus lands Theron in hospital

Charlize Theron spent four nights in a Los Angeles hospital last week after contracting a stomach virus, according to a U.S. tabloid report. The Monster star is alleged to have suffered severe abdominal pains. FEMALEFIRST.CO.UK



Movies

***** A CLASSIC; **** EXCELLENT; *** GOOD; ** FAIR; * POOR

Before Brüno came Buster, Charlie ...

InFocus

Richard Crouse

metronews.ca/infocus

Many regard Sacha Baron Cohen's brand of humour as envelope pushing absurdity that rides the thin line between bad taste and very bad taste.

For instance, in *Borat*, the titular character says he came to America with "a jar of gypsy tears to protect me from AIDS." As if that wasn't squirm inducing enough, he topped it off with jabs at Jews, homosexuals, the American way-of-life and the good people of Kazakhstan.

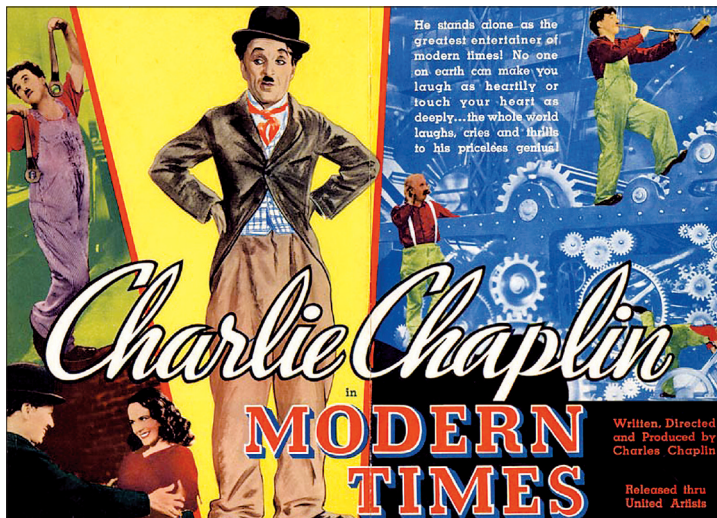
That movie ruffled more than a few feathers upon release in 2007, and that outrage now seems to be spilling over to the release of his new film.

In *Brüno*, which hits theatres this weekend, he plays a campy fame-seeking fashionista who wants to be "the biggest Austrian superstar since Adolph Hitler." Rashad Robinson of GLAAD told the New York Times that while the movie's satire is "well-meaning," it's also "problematic in many places and outright offensive in others."

As un-politically correct as the results of Cohen's modus operandi to expose homophobia are — he extracts embarrassing, often racist or downright stupid reactions from people not in on the joke — he is simply following in the cinematic tradition of using irreverent humour to hold a mirror up to society.

Silent comedians Buster Keaton, the Keystone Cops and Harold Lloyd infused their work with social commentary, using slapstick to highlight man's struggle to survive in a swiftly changing society.

Charlie Chaplin's most famous character, the per-



Early 20th century comedians like Charlie Chaplin were among the first practitioners of film satire.

petually down-on-his-luck Tramp, was a metaphor for "the lowest of the lower classes," a comparison that became even more poignant with the advent of the Depression.

Moving forward, director Sam Wood laced his

screwball comedy *The Devil and Miss Jones* with comments on labour unrest and class distinctions, while Tim Robbins' mockumentary *Bob Roberts* was a caustically comic piece on running for Senatorial office and Monty Python

members redefined irreverence with their two looks at organized religion, *The Meaning of Life* and *The Life of Brian*.

Whether or not *Brüno* will accomplish the goal shared by Wood and the members of Monty Python

"It's important in life when you're dealing with the daily struggles of inequality that you take a second to sit back and laugh."

Long Island Gay and Lesbian Youth CEO David Kilmnick

— that is to make audiences examine their own fears and prejudices — remains to be seen, but David Kilmnick, CEO of the Long Island Gay and Lesbian Youth thinks it can't hurt.

"It's important in life when you're dealing with the daily struggles of inequality that you take a second to sit back and laugh," he says. "That's always been the medicine for those who've been oppressed."

Richard Crouse's Movie Show can be seen every Sunday at 6:30 p.m. on the El Channel; mrchaos33@hotmail.com.

Moon revives arty science fiction

Moon

Director: Duncan Jones
Stars: Sam Rockwell, Kevin Spacey
Classification: STC
Rating: ****

PHIL BROWN
for Metro Canada

REVIEW Duncan Jones' *Moon* is a deliberate throwback to the science fiction films of his youth. The setting feels like a future that might have been imagined in the '70s or '80s (complete with clapper and flowbee).

It's a film that comes out of a love of classic movies like 2001: A Space Odyssey and *Alien*, liberally borrowing from the style and worlds of its predecessors. Occasionally this borrowing can go a too far and *Moon* can feel like little more than a collection of Jones' favourite scenes from other movies, but for the most part this pastiche succeeds admirably in reviving a dying subgenre: the science fiction art film.

Sam Rockwell stars as a lonely astronaut finishing up a three-year mission on the moon with only a mon-



Sam Rockwell plays an astronaut in Duncan Jones' *Moon*.

otone robot (Kevin Spacey) to keep him company. After accidentally crashing one of his vehicles, Rockwell wakes up and discovers what may or may not be his clone.

Until the last act we're never quite sure if Rockwell is the victim of a conspiracy or simply going bonkers.

Though hardly an action-packed thrill ride, *Moon* offers plenty of oppressive atmosphere and suspense.

It's refreshing to see a movie that treats science fiction seriously rather than using the genre to connect a series of space battles and explosions.

Moon is filled with so many obvious influences that a familiarity with the references Jones is making will often put the audience one step ahead of the characters.

But even if *Moon* can be a little predictable at times, the director does an admirable job of resurrect-

ing a style of cinematic sci-fi has been missed by genre aficionados (not just thematically either, the film is filled with stunning model-based effects that will make you long for the pre-CGI era).

Duncan Jones may not have created a new science fiction classic with his debut, but he's certainly announced himself as a filmmaker with potential. Hopefully *Moon* will be the calling card for an intriguing career.

Beth Cooper lacks fun

I Love You, Beth Cooper

Director: Christopher Columbus
Stars: Hayden Panettiere, Paul Rust
Classification: PG
Rating: *

ADAM NAYMAN
for Metro Canada

"Who said that this was supposed to be fun?" sneers Hayden Panettiere midway through I Love You, Beth Cooper, and it's a good question. After all, why should audiences expect anything worthwhile from veteran hack director Christopher Columbus, now eight years removed from his association with the Harry Potter franchise?

Not that there aren't some signs of ambition here. Adapted from Simpsons writer Larry Doyle's novel of the same name, *I Love You Beth Cooper* attempts to deconstruct the teen-coming-of-age comedy, setting up a familiar plot — hopeless geek (Paul Rust) courts his dream girl (Panettiere) across one wild, incident-laden evening — and then taking the action in (hypothetically) unexpected di-

rections.

Unfortunately, Columbus doesn't have the sly touch or tonal control required for satire. Most of the scenes have a stilted, hesitant quality, or else end up spiralling wildly over the top (an extended sequence set at an only-in-the-movies house party is simply painful).

Panettiere is suitably perky as the film's eponymous object of desire, but at this point, the blonde goddess with secret insecurity issues is a tired (and insulting) cliché.

It's almost as dire as the love-struck social misfit — with Rust doing a poor man's McLovin — or the closeted best friend (Jack Carpenter, pulling Duckie duty as our hero's quirky sidekick).

The only oasis of relief is provided by Alan Ruck as Rust's understatedly cool dad: His appearance evokes memories of Ferris Bueller's Day Off, giving us something to think about as *I Love You, Beth Cooper* clunks gracelessly towards its faux-bittersweet conclusion.

• For *I Love You, Beth Cooper* photos, a trailer and screen times, or to buy tickets, visit metronews.ca/movies

Screen Times

This week's new releases are highlighted in pink.

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 10 TO THURS., JULY 16. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CITY CENTRE 9 CINEMAS
10200 102nd Ave., 780-421-7020

Brüno (18A) Stadium Seating, Dolby Stereo Digital, No Passes Fri-Mon 12:40-3:40 6:40-9:30 Stadium Seating, Dolby Stereo Digital, No Passes Tue 12:40-3:40 6:40-9:30 Stadium Seating, Dolby Stereo Digital, No Passes Wed-Thu 1:30-4:10 6:50-9:10

The Hangover (18A) Stadium Seating, Dolby Stereo Digital Fri-Mon 1:40-3:30 7:20-10:10 Stadium Seating, Dolby Stereo Digital Tue 1:40-3:30 7:05-9:35 12:10 Stadium Seating, Dolby Stereo Digital Wed-Thu 1:40-3:30 7:20-9:50

Harry Potter and the Half-Blood Prince (PG) No Passes, Stadium Seating Tue 12:01 No Passes, Stadium Seating Wed-Thu 12:12-3:30 4:40-7:30 10:30

I Love You, Beth Cooper (14A) DTS Digital, Stadium Seating Fri-Mon 12:50-3:50 6:50-9:40 DTS Digital, Stadium Seating Tue 12:50-3:50 6:50-9:20 11:50 DTS Digital, Stadium Seating Wed-Thu 1:15-3:50 6:40-9:30

Ice Age: Dawn of the Dinosaurs (G) No Passes Fri-Mon 1:15-4:15 7:10 No Passes Tue 1:15-4:15 7:45 9:25 11:55 No Passes Wed-Thu 12:40-4:15 7:10-10

My Sister's Keeper (14A) No Passes, Stadium Seating, DTS Digital Fri-Mon 12:10-3:30 7:30-10:15 No Passes, Stadium Seating, DTS Digital Tue 12:10-3:30 6:15-9:05 11:45

The Proposal (PG) Stadium Seating, Dolby Stereo Digital Fri-Mon 12:45-3:30 7:10-9:50 Stadium Seating, Dolby Stereo Digital Tue 12:45-3:30 6:45-9:15 11:40 Stadium Seating, Dolby Stereo Digital Wed-Thu 12:45-3:40 6:30-9:15

Public Enemies (14A) Dolby Stereo Digital, No Passes, Stadium Seating Fri-Mon 12:30-3:15 6:30-9:45 Dolby Stereo Digital, No Passes, Stadium Seating Tue 12:30-3:15 6:30-9:40 Dolby Stereo Digital, No Passes, Stadium Seating Wed-Thu 12:10-3:20 6:45-10:15

Transformers: Revenge of the Fallen (PG) Stadium Seating, Dolby Stereo Digital Fri-Sun 12:15-12:30 3:45-4:15 7:15-7:30 10:40 Stadium Seating, Dolby Stereo Digital Mon 12:15-12:30 3:45-4:15 7:15-7:30 10:40 Stadium Seating, Dolby Stereo Digital Tue 12:15-12:30 3:45-4:15 7:30-10:40 Stadium Seating, Dolby Stereo Digital Wed-Thu 12:15-12:30 3:45-4:15 7:15-10:45

CLAREVIEW 10 CINEMAS
4211 139th Ave., 780-472-7600

Brüno (18A) No Passes Fri-Thu 12:20-2:30 4:50-7:15 9:35

The Hangover (18A) Digital Presentation Fri-Tue 1:50-4:40 7:20-10:10 Digital Presentation Wed-Thu 1:50-4:40 7:20-10:05

Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12:01 No Passes Wed-Thu 11:50-1:30 4:30-6:40 8:10

I Love You, Beth Cooper (14A) Fri-Thu 1:20-4:10 6:50-9:30

Ice Age: Dawn of the Dinosaurs (G) Fri-Thu 2:10-4:35 7:20 Fri-Tue 1:10-3:40 6:30-9

My Sister's Keeper (14A) Fri-Tue 1:30-4:20 7:10-9:45

The Proposal (PG) Fri-Tue 1:4-6:55 9:40 Wed-Thu 1:10-4-6:55 9:40

Public Enemies (14A) Fri-Thu 12:15-3:30 6:45-9:50

Transformers: Revenge of the Fallen (PG) Fri-Tue 12:12-3:15 4:30-6:35 8:30-9:55 Wed-Thu 12:3-15:35 9:55

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Whatever Works (PG) Fri 7-9 Sat-Sun 2-7-9

Mon-Thu 7-9

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Listings not available at press time.

MOVIES 12

5074 130 Ave., 780-472-9779

17 Again (PG) Fri-Thu 1:35-4:25 6:45-9:20

Drag Me to Hell (14A) Fri-Sat 1:55-4:50 7:30-9:55 12:15 Sun-Thu 1:55-4:50 7:30-9:55

Earth (PG) Fri-Sat 2:4-4:45 7:20-9:45 11:55 Sun-Thu 2:4-4:45 7:20-9:45

Ghosts of Girlfriends Past (PG) Fri-Sat 1:25-4:10 6:50-9:25 11:40 Sun-Thu 1:25-4:10 6:50-9:25

Hannah Montana: The Movie (G) Fri-Sat 1:40-4:35 7:05-9:30 11:45 Sun-Thu 1:40-4:05 7:05-9:30

Kambakkht Ishq (Hindi w/e.s.t.) (14A) Fri-Sat 1:05-4:05 7:45-10:45 Sun-Thu 1:05-4:05 7:45

Land of the Lost (PG) Fri-Sat 1:45-4:40 7:10-9:35 11:50 Sun-Thu 1:45-4:40 7:10-9:35

Monsters vs. Aliens (PG) Fri-Thu 1:30-4:20 7:15-9:15

My Life in Ruins (PG) Fri-Sat 1:15-4:15 7:20-11:30 Sun-Thu 1:15-4:15 7:20-9:20

New York (Hindi w/e.s.t.) (14A) Fri-Sat 1:10-4:10 7:50-10:40 Sun-Thu 1:10-4:10 7:50

Terminator Salvation (14A) Fri-Sat 1:20-4:05 6:55-9:40 12:05 Sun-Thu 1:20-4:05 6:55-9:40

X-Men Origins: Wolverine (14A) Fri-Sat 1:50-4:30 7:15-9:50 12:10 Sun-Thu 1:50-4:30 7:15-9:50

NORTH EDMONTON CINEMAS

14231 137th Ave., 780-732-2236

Brüno (18A) No Passes Fri-Thu 1:10-3:15 5:30-8:10 10:45

The Hangover (18A) Fri-Thu 12:40-3:50 8:10-10:45

Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12:01 No Passes Wed-Thu 11:40-12:12 4:30-6:30 9:40-12:10

I Love You, Beth Cooper (14A) No Passes Fri-Thu 2:40-3:30 7:05-9:30

Ice Age: Dawn of the Dinosaurs (G) Fri-Mon 1:20-3:40 6:35-9 Tue 1:20-3:40 6:35-8:45 Wed-Thu 1:20-3:40 6:35

Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Thu 12:30-2:45 5:10-7:30 10:05

My Sister's Keeper (14A) Fri-Thu 1:30-4

6:40-9:10

The Proposal (PG) Fri-Thu 1:40-4:10 6:50-9:20

Public Enemies (14A) Fri-Tue 12:15-3:20 4:05-6:30 7:20-9:35 10:20 Wed 4:05-7:20-9:30 10:20 Thu 1:40-5-7:20-9:30 10:20 Star & Strollers Screening Wed 1

The Taking of Pelham 123 (14A) Fri-Tue 4:40-10:10

Transformers: Revenge of the Fallen (PG) Fri-Tue 12:20-12:35 3:45-4:15 7:10-7:40 9:45-10:40 Wed-Thu 11:50-12:50-3:20 4:15-6:45 7:40-10:15

Up in Disney Digital 3D (G) Fri-Thu 12:10-2:30 4:50-7:15-9:40

Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Thu 11:50-2:15-4:45-7:15-9:40-10:45 Tue 12:15-1:15-3:45-4:45-7:15-8:15-10:45 Wed-Thu 12:15-3:45-7:15-10:45

Transformers: Revenge of the Fallen: The IMAX Experience (14A) Fri-Sat 11:2-5:15-8:30-11:30 Sun-Thu 11:45-3:15-6:45-10:15

Up in Disney Digital 3D (G) Fri-Thu 12:50-3:50 6:45-9:30

Year One (14A) Fri-Thu 1:30-4:20 7:30-10:20

SOUTH EDMONTON COMMON

1525 99th St., 780-436-8585

Brüno (18A) No Passes Fri-Mon 11:30-12:30-2:30 4:30-5:30 7:15-8:30 9:50-10:30 No Passes Tue 11:30-12:30-2:30 4:30-5:30 7:15-8:30-9:10-10:30 No Passes Wed-Thu 11:35-12:45-2:30 4:30-5:30 7:15-7:50 9:40-10:40

The Hangover (18A) Fri-Tue 1:15-3:40 7:45-10:45 Wed-Thu 1:15-3:40 7:40-10:45

Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12 No Passes Wed-Thu 11:30-12:12-30-3:45-4:15-7:30-8:10-10:30-11

I Love You, Beth Cooper (14A) No Passes Fri-Tue 1:30-5:00 6:35-9:25 No Passes Wed-Thu 1:4-6:35-9:25

Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Tue 11:45-12:15-2:15-2:45-4:45 5:15-7:25 7:50-10:10-10:35 Wed-Thu 11:45-12:15-2:15-2:45-4:45 5:15-7:25-7:45-10:10-10:35

Metropolitan Opera: The Magic Flute (STC) Sat 11

My Sister's Keeper (14A) Fri-Thu 12:40-3:10 6:50-9:30

The Proposal (PG) Fri 1:10-4:20 7:20-10:20

Sat 12:35-4:20-7:20-10:20 Sun-Tue 1:10-4:20-7:20-10:20 Wed-Thu 1:10-4:20-7:20-10:30

Public Enemies (14A) Fri-Tue 11:50-12:20-3:15-3:45-6:45-7:40-10:15-10:50 Wed 11:50-3:15-6:40-10 Thu 4:10-7:20-10:40 Star & Strollers Screening Thu 1

Star Trek (PG) Fri 11:40-3:20 6:40-10:25 Sat 3:20-6:40-10:25 Sun-Wed 11:40-3:20 6:40-10:25 Thu 11:40-3:20-10:25

The Taking of Pelham 123 (14A) Fri-Tue 4:30-9:45

Transformers: Revenge of the Fallen (PG) Fri-Tue 11:20-12:12-2:25-2:50-3:30-3:55-6:30-7:30-10:10-10:30 Wed 11:20-12:20-2:50-3:50-6:30-7:15-10:10-10:35 Thu 11:20-12:20-2:50-3:50-6:30-7:10-10:10-10:35

Up in Disney Digital 3D (G) Fri-Tue 12:50-3:30-6:45-9:20 Wed-Thu 12:50-3:25-6:45-9:20

Year One (14A) Fri-Tue 1:20-7:10

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Fly Me to the Moon (G) Fri-Sat 11-3 Sun 11-3-6 Mon 11-3 Tue 11-3-6 Wed 11-3 Thu 11-3-6

Grand Canyon Adventure: River at Risk (STC) Fri-Thu 2-5

Van Gogh: Brush With Genius (STC) Fri-Sat 12-4-6 Sun 12-4 Mon 12-4-6 Tue 12-4 Wed 12-4-6 Thu 12-4

Wild Ocean (STC) Fri-Thu 1-7

WESTMOUNT CENTRE

111 Ave. & Groat Rd., 403-455-8726

Harry Potter and the Half-Blood Prince (PG) Dolby Stereo Digital, No Passes Tue 12:01 Dolby Stereo Digital, No Passes Wed-Thu 12:30-3:30 6:50-10:10

Ice Age: Dawn of the Dinosaurs (G) DTS Digital, No Passes Fri-Mon 12:30-4:7-15-9:40 DTS Digital Tue-Thu 12:30-4:7-15-9:40

My Sister's Keeper (14A) DTS Digital Fri-Sun 12:30-7:10-10:10 DTS Digital Mon 12:30-10:10 DTS Digital Tue 12:30-7:10-10:10

Public Enemies (14A) Dolby Stereo Digital, No Passes Fri-Mon 12:15-3:45-6:50-10:10 Dolby Stereo Digital Tue 12:15-3:45-6:50-10:10 Dolby Stereo Digital Wed-Thu 12:15-3:45-7:10

Transformers: Revenge of the Fallen (PG) Dolby Stereo Digital Fri-Thu 11:45-3:10-6:30-9:50

GRANDIN THEATRES

101-22 Sir Winston Churchill Ave., St. Albert, 780-458-9822

Brüno (18A) No Passes Fri-Thu 12:55-2:30 4:15-6:55 9:40

Harry Potter and the Half-Blood Prince (PG) No Passes Wed-Thu 12:40-3:35-6:30-9:20

Ice Age: Dawn of the Dinosaurs (G) Fri-Thu 1:3-7-8:55

Public Enemies (14A) Fri-Thu 1:45-4:20-6:50-9:30

The Proposal (PG) Fri-Tue 1:30-3:30 5:30-7:30-9:35

Transformers: Revenge of the Fallen (PG) Fri-Tue 12:30-4:45-6:30-9:15 Wed-Thu 1:05-3:50-6:40-9:25

PARKLAND CINEMA

130 Century Crossing, Spruce Grove, 780-962-2332

Brüno (18A) Fri 7:10-9:10 Sat-Sun 1:10-3:10 7:10-9:10 Mon 7:10-9:10 Tue 1:10-3:10 7:10-9:10 Wed 7:10-9:10 Thu 1:10-3:10 7:10-9:10

Harry Potter And The Half Blood Prince (PG) Wed 6:30-9:20 Thu 12:30-3:20-6:30-9:20

The Hangover (18A) Fri 6:55-9:05 Sat-Sun 12:55-3:05 6:55-9:05 Mon 6:55-9:05 Tue 12:55-3:05 6:55-9:05 Wed 6:55-9:05 Thu 12:55-3:05 6:55-9:05

Ice Age Dawn Of The Dinosaurs (G) Fri 7-9 Sat-Sun 1:3-7-9 Mon 7-9 Tue 1:3-7-9 Wed 7-9 Thu 1:3-7-9 Movies For Mommies Tue 1

The Proposal (PG) Fri 7:05-9:15 Sat-Sun 1:05-3:15 7:05-9:15 Mon 7:05-9:15 Tue 1:05-3:15 7:05-9:15 Wed 7:05-9:15 Thu 1:05-3:15 7:05-9:15

Public Enemies (14A) Fri 6:50-9:25 Sat-Sun 12:50-3:25 6:50-9:25 Mon 6:50-9:25 Tue 12:50-3:25 6:50-9:25 Wed 6:50-9:25 Thu 12:50-3:25 6:50-9:25

Transformers Revenge Of The Fallen (PG) Fri 6:45-9:30 Sat-Sun 12:45-3:30 6:45-9:30 Mon 6:45-9:30 Tue 12:45-3:30 6:45-9:30 Wed 6:45-9:30 Thu 12:45-3:30 6:45-9:30

Up (G) Fri 7:15-9:20 Sat-Sun 1:15-3:20 7:15-9:20 Mon 7:15-9:20 Tue 1:15-3:20 7:15-9:20



Sacha Baron Cohen

brüno

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CASTING BY ANTHONY HARDWICK WOLFGANG HELD COSTUME DESIGNER JASON ALPER EDITOR PETER DAYNMAN EXECUTIVE PRODUCERS DAVID SALAZAR DE MATURANA
PRODUCED BY SACHA BARON COHEN JAY DOUGAN DAN MAZEL MONICA LEVINSON BASED ON A SCREENPLAY BY SACHA BARON COHEN AND PETER DAYNMAN AND ANTHONY HINES
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1. Thriller (25th Anniversary Edition), Michael Jackson; 2. Off The Wall, Michael Jackson; 3. Bad, Michael Jackson; 4. Number Ones, Michael Jackson; 5. Essential Michael Jackson (2CD). METRO NEWS SERVICES



Music

Hometown heroes

Rural Alberta Advantage blends indie hooks, rollicking roots

BRYAN BORZYKOWSKI
for Metro Canada



As the Rural Alberta Advantage travel the highway between Vancouver and Seattle, they can't help but be amazed at how their lives have turned out. "It's so surreal," says keyboardist Amy Cole on the phone from a stretch of B.C. road. "This time last year no one would have predicted that we'd be on a month long tour outside of Ontario."

It's true, a lot has happened for this infectious Toronto-based indie rock act since they self-released their debut, Hometowns, early last year. For months the disc went relatively unnoticed, but in November 2008 online music store eMusic featured them as their artist of the month. Soon enough the buzz grew and in May it was announced that the band had signed to Bright Eyes' label Saddle Creek — the label re-released their album on July 7.

While the trio is thrilled with the attention, they admit that it's been an overwhelming few months.

"It's nerve-wracking," says singer Nils Edenloff,



Rural Alberta Advantage's debut was re-released this week on Bright Eyes' label Saddle Creek.

who originally hails from Edmonton. "There is a lot of pressure having come this far and playing for people we never would have gotten a change to play for."

"But we're getting a lot of attention right now that not a lot of bands get, so we want to maximize the advantages," adds Cole.

Fortunately, the RAA should have nothing to worry about. The group's record is a brilliant collection of contagious indie hooks mixed with rollicking roots, and drummer Paul Banwatt is a monster on the skins. Not only is it incredibly catchy, but the subject matter, which is mostly about

Edenloff's affection for Al-

berta, is easily relatable to anyone who's moved from where they grew up to somewhere new.

"We never set out to start an Alberta band and write songs about Alberta," he says. "But I found myself writing more and more about the province because that's just what I know, about things that were personal and close."

Still, playing songs about Alberta sure helps when you actually play the province. Edenloff says that his recent hometown gig "went better than I ever could have hoped for."

"When we play other places people say, 'I don't know Alberta, but I identi-

fy with the songs,'" he continues. "When we played Alberta, people said, 'I understand these songs and they really speak to me.'"

But while most audiences are hearing these songs for the first time, the RAA have been playing them for well over a year. Surprisingly, they haven't tired of their tunes yet.

"It's like we're playing them for the first time when we play for people who haven't heard them," says Cole. "That being said we're trying to work on new material on the road, so when we're eventually back home we'll have some material all ready to polish."

Metro recommends

• Wilco (the album), Wilco:

Mas-
terful balance
of easy-going,
George Harrison-
esque
guitar rock
with experimental flourishes
and artfully crafted lyrics.



• Far, Regina Spektor, Far:
Spektor's great chops and
playful vocals endear an array
of intelligent piano-pop with
surprising depth.

METRO NEWS SERVICES

TOP 10 MOBILE DOWNLOADS

- 1 I Know You Want Me Pitbull
- 2 I Gotta Feeling Black Eyed Peas
- 3 Boom Boom Pow Black Eyed Peas
- 4 Fire Burning Sean Kingston
- 5 Day 'N' Nite Kid Cudi
- 6 Birthday Sex Jeremih
- 7 Thriller Michael Jackson
- 8 I'm On A Boat Lonely Island
- 9 Knock You Down Keri Hilson
- 10 Kiss Me Thru The Phone Soulja Boy

rogers.com/musicstore

ROGERS



Dear Beth & Brian,

Once a month my girlfriends and I get together for a "sit-on-the-couch-double-feature-chick-flick". The other day one of our favourite movies turned into a great Breyers moment when the DVD player broke 2 minutes into the film. Making the most of our situation, I went to get us 4 bowls of Breyers® Double Churn Dark Chocolate Velvet ice cream - we forgot all about our movie night and spent the rest of the evening laughing, talking and reconnecting with each other. It was the best ending ever.

Deliciously yours,
Erin



Brian:

I love "chick-flicks", I just wish they had more car chases and aliens.

Beth:

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The Sony Walkman celebrates 30 years

SoundCheck

Alan
Cross

metronews.ca/soundcheck

Amidst all the Michael Jackson news, a milestone passed almost unnoticed — the Sony Walkman turned 30 last week.

These days, everyone has a personal music device or seven. I'm pretty sure even my dog has an iPod Nano or two. But when Sony released the 14-ounce TPS-L2 on July 1, 1979, a series of complex cascading technological, economic and social events began. The Walkman not only changed the way we listened to music but the way we interact with each other. Look around: How many people do you see with ear buds right now? Before the Walkman, you

wouldn't have seen any.

Ten facts about the Walkman:

1. All personal music players owe their existence to opera. Masaru Ibuka, the co-founder of Sony, ordered that the company make a small cassette player with lightweight earphones so he could enjoy his favourite operas on his many trans-Pacific and trans-Asia flights.

2. The Walkman was based on a prototype called the Pressman.

3. At first, the Walkman was known as the Soundabout in North America and the Stowaway in the U.K. because Ibuka-

san hated the name "Walkman." But a screw-up in the marketing department resulted in all Soundabouts being promoted as Walkmans.

4. Original estimates were that it would sell 5,000 units a month. When it was introduced, demand was upwards of 25,000 a month. Total sales today? About 200 million.

5. The first Walkmans had two headphone jacks because no one at Sony could conceive of anyone not wanting to share their music with someone.

Why would anyone want to walk around in a solitary bubble of music?

6. Sony endured a long legal battle with a German-Brazilian

inventor named Andreas Pavel over his early '70s device called the Stereobelt. They finally settled in 2004.

7. Although many other companies started making personal music devices, the Walkman became such a cultural touchstone that people referred to every such device regardless of manufacture as a "Walkman." Kind of like Kleenex or Aspirin.

8. More than 300 personal CD players, Mini-Disc units, digital players and even video players have all been marketed with the Walkman name.

9. The proper plural form of "Walkman" is "Walkman Personal Stereos." Do not refer to two or more of them as "Walkmen."

10. Sony still makes a cassette Walkman but it hasn't been updated since 2002.

The Ongoing History Of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com



Tina Fey's acclaimed NBC sitcom, 30 Rock, has locked in syndication deals with Comedy Central and WGN America. The cable networks worked together to snag the Emmy-winning series for \$800,000 per episode. **TVGUIDE.COM**

Television

Being a Top Model can take its toll

BRIAN COULTON
for Metro Canada

It can't be easy to outlast eight model hopefuls in pursuit of the Canada's Next Top Model title, let alone to face constant criticism from the show's panel of judges. But for the competition's three finalists, their harshest criticism may have come after the show began airing.

"The show makes me seem evil," said Calgary's Nikita Kiceluk, sitting on a leopard print couch alongside fellow finalist Lindsay Willier from Edmonton and Winnipeg's Meaghan DeWar-

reng-Waller at Toronto's CTV headquarters. The editorial-looking finalist with straight black hair and an edgy attitude believes her bold personality and routine

sarcasm was taken out of context on the show, portraying her in a negative light.

It also generated a lot of hate mail for Kiceluk, who said she is unsure how the pres-

entation will affect her career.

"I'm not going to let that get in my way and I'm not going to not model because I know people don't want to look at my face. I'm sure some people do."

Many people want to look at DeWarreng-Waller, however. She said she has had to deal with loss of the anonymity she held before entering the competition.

"I have no private life, unless it's behind closed doors," she said. "You go out and people are watching, listening, following and wanting pictures."

People even want her to kiss their babies, she said; a request made of her on her plane ride to Toronto the evening prior.

But children have posed a different problem for Willier. On an early episode, mention was made of Willier's history of fighting, rendering her a "tough chick", which she said is not the case at all.

"I work with kids. I don't want kids thinking that's

cool, because it's not," she said.

However, Willier maintains the belief "there's no such thing as bad publicity," despite any misrepresentation.

"Now all of Canada knows our names."

What Canada may not know is the true motivation behind the apparent mockery of recently ousted Iranian immigrant Maryam Massoumi

from North Vancouver, B.C., at the hands of Kiceluk and DeWarreng-Waller.

The show's last episode showed the women imitating Massoumi's speech, which could be interpreted as racist humour.

"The whole Maryam thing was an ongoing joke between the girls in the house," said DeWarreng-Waller.

"They could think we're making fun of her because of her race, nationality or accent."

"It's none of the above."

Meaghan DeWarreng-Waller

Nikita Kiceluk

Lindsay Willier

Canada's Next Top Model concludes Tuesday night on CTV

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/10/09	2 CFRN 239 318	etalk		Hollywood	Castle (HDTV)	Jeopardy! (N)	Wheel-Of-Fortune	Ghost Whisperer (HDTV)	Russell Peters: Red, White	News (N)		
	3 KHQ - 370	News (N)		De-Millionaire	Jeopardy! (N)	Wheel-Of-Fortune	Laughs	The Chopping Block (N)	Dateline NBC			
	4 CBXT - 307	Coronation St.		Jeopardy! (N)				Wild Roses (DVS)	CBC News: The National	Stampede		
	6 KREM - 372	News (N)		Hollywood	The Doctors (N)			Ghost Whisperer (HDTV)	Flashpoint (HDTV)	NUMB3RS		
	7 CKEM 241 347	Law & Order: SVU			Man Tracker			Departures "Morocco"	Out There	Out There	Your City	
	8 CITY 240 339	ET Canada		Entertainment	NUMB3RS "Frienemies"			Harper's Island "Sigh"	Mental (HDTV PA) (N)	20/20	News Hour	
	13 KKLY - 371	4 News at 6		4 News at 6:30	Entertainment The Insider (N)			Surviving Sub. "Goode Family"	According-Jim	According-Jim	News (N)	
	16 KAYU - 373	The Simpsons		Raymond	Two/Half Men	Two/Half Men		Smarter Than a 5th Grader?	Mental (HDTV PA) (N)	20/20	News (N)	
	19 CHTV -	The Insider (N)		E News	The El True Hollywood Story			Smarter Than a 5th Grader?	20/20 (HDTV)	News (N)		
	22 KSPS - 374	NewsHour With Jim Lehrer		Wash. Week	McLaughlin			Bill Moyers Journal (N)	NOW on PBS	Being Served	P.O.V.	
	15 CBCN 502 -	CBC News: The National		CBC News: The National	CBC News: The National			CBC News: The National	CBC News: The National	fifth estate		
	54 CTVN 501 391	CTV News Tonight		News	CTV News			News	CTV News	News		
	20 TSN 400 400	CFL Football: Stampede at Blue Bombers		MLB Baseball New York Yankees at Los Angeles Angels of Anaheim.				CFL Football Hamilton Tiger-Cats at BC Lions. From BC Place Stadium in Vancouver.				
	23 net 408 418	Heads-Up Poker		MLB Baseball New York Yankees at Los Angeles Angels of Anaheim.				(HDTV) (Live)				
	47 SPEED 417 406	Auto Racing The Grid (N)		Project LMP1: Acura	Trackside At... (HDTV) (N)			Formula 1 Debrief (N)				
	94 SCORE 410 403	(6) WWE SmackDown!		Score Tonight	Final Score	Final Score		WWE SmackDown!				
	14 YTV 552 543	ICarly		The Next Star	Family Biz	Family Biz		Prank Patrol	Prank Patrol	Family Biz		
	17 TREE 553 546	Little Bear		Comfy Couch	Big & Small	Max & Ruby		Dragon	Backyardigans	Ni Hao, Kai-Han	Go, Diego, Go!	
	45 FAM 557 541	Han, Montana		Sonny Chance	The Cheeky Girls (2003, Comedy-Drama)			(10:03) Richie Rich (1994, Comedy)				
	25 A&E 615 520	CSI: Miami (HDTV)		The Cleaner (HDTV)	Criminal Minds (HDTV)			CSI: Miami "Breathless"	CSI: Miami			
	29 FOOD 603 561	Bobby Flay		Chef Abroad	Diner, Drive-In	Diner, Drive-In		Ramsay's Kitchen Nightmares	Unwrapped	Unwrapped	Bobby Flay	
	32 DISC 520 505	American Loggers		American Loggers	Earthshocks: Ring of Fire	Daily Planet		American Loggers				
	38 SPIKE 628 584	Lethal Weapon *** (1987, Action)		(HDTV) Mel Gibson, Danny Glover.				Ways to Die	UFC 100 Countdown	Ways to Die		
	43 SPACE 627 528	(6) Taken (DVS)		Poltergeist II: The Other Side ** (1986, Horror)				Species II * (1998, Science Fiction)				
	50 STAR 621 56	Live at the Rehearsal Hall		TimZ	TimZ			American Idol Extra				
	161 SUPER	Religious ** (2008, Documentary)		Tonight Show-Conan O'Brien				Fireball				

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/11/09	2 CFRN 239 318	W-FIVE-Swans		Lies My Mother Told Me (2005, Docudrama) (DVS)				Law & Order: SVU	News (N)			
	3 KHQ - 370	News (N)		Judge Judy				Law & Order: Criminal Intent	Law/Ord SVU			
	4 CBXT - 307	The Nature of Things		CSI: NY "Admissions"				Track and Field	Da Vinci's			
	6 KREM - 372	News (N)		Scrubs				Harper's Island "Gasp"	Harper's Island			
	7 CKEM 241 347	Without a Trace		Murdoch Mysteries				Tail Lights Fade ** (1999, Drama)	The City Show			
	8 CITY 240 339	Doc		Doc "Eminent Domain"				Doc	News (N)			
	13 KKLY - 371	News		The Insider (N)				Castle (HDTV)	El Stone			
	16 KAYU - 373	House "Role Model"		Entertainment Tonight				Cops	Cops (N)	America's Most Wanted	News (N)	
	19 CHTV -	Out There		E News	Rich Poor	Rich Poor		The Secret of Hidden Lake (2006, Suspense) Rena Sofer.	E News			
	22 KSPS - 374	The Lawrence Welk Show		Jack Benny	Time Goes By			Paul Simon: The Library of Congress Gershwin Prize	Monty Python			
	15 CBCN 502 -	Sat. Report		Mansbridge	Doc Zone (HDTV)			Sat. Report	Our World	Sat. Report	Mansbridge	Doc Zone
	54 CTVN 501 391	CTV News Weekend		News	CTV News			News	CTV News	News	CTV News	News
	20 TSN 400 400	(4:30) NASCAR Racing Sprint Cup		LifeLock.com 400.				SportsCentre	Boxing Friday Night Fights. (HDTV)			
	23 net 408 418	MLB Baseball		SportsNet Con.	MLS Soccer Toronto FC at San Jose Earthquakes.			Pinks - All Out (HDTV)	Pinks (HDTV)	The Grid	F1 Debrief	
	47 SPEED 417 406	AMA Pro Racing		Pinks - All Out (HDTV)	Pinks - All Out (HDTV)			Pinks - All Out (HDTV)	Pinks (HDTV)	The Grid	F1 Debrief	
	94 SCORE 410 403	MMA Show		Final Score	Final Score	Final Score		Adrenaline Proj	In Real Life "Dirty Jobs"	Prank Patrol	Strikeforce	
	14 YTV 552 543	Kid vs. Kat		League-Evil	Comfy Couch	Prank Patrol		Survive This	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Han	Go, Diego, Go!
	17 TREE 553 546	Bucket-Dinos		Toopy & Binoo	Comfy Couch	Little Bear		Toy Castle	Han, Montana	Contact *** (1997, Science Fiction)		
	45 FAM 557 541	(7:01) Jonas		Latest Buzz	Suite Life	Zoe 101		Zack & Cody	Tattoo High.	The Fugitive *** (1993, Suspense)		
	25 A&E 615 520	(6) The Fugitive (1993, Suspense)			The Cleaner (HDTV)			Tattoo High.				
	29 FOOD 603 561	The Next Food Network Star		Kitchen Nightmares	Chef Jeff Project			Challenge	Next Food Star			
	32 DISC 520 505	Deadliest Catch		Destroyed	Guinea Pig	Crisis Angel		Criss Angel	Criss Angel			
	38 SPIKE 628 584	UFC's Ultimate 100		Jesse James is a Dead Man	MANswers	MANswers		MANswers	MANswers	MANswers		
	43 SPACE 627 528	The Matrix *** (1999, Science Fiction)		Keanu Reeves, Laurence Fishburne. Premiere.				The Terminator (1984, Science Fiction)				
	50 STAR 621 56	Blush: Make-Up Artist		Canada's Next Top Model	Paris Hilton's My New BFF			TMZ	Swingers			
	161 SUPER	Street Kings ** (2008, Crime Drama)		Keanu Reeves.	The Net 2.0 (2006, Suspense)			The Onion Movie (2008)				

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/12/09	2 CFRN 239 318	Corner Gas		Degrassi: TNG	Without a Trace (HDTV)			Merlin (HDTV) (N)		Cold Case "Lotto Fever"	News (N)	
	3 KHQ - 370	News		Wheel-Of-Fortune	Great American Road Trip			Merlin (HDTV) (N)		Batman *** (1989, Action)	Jack Nicholson.	
	4 CBXT - 307	Heartland (HDTV) (DVS)			Calgary Stampede Championship.			Big Brother 11 (N)		CBC News: Sunday Night (N)	Doctor Who	
	6 KREM - 372	News (N)			60 Minutes (HDTV)			Kings		Cold Case "Lotto Fever"	Without Trace	
	7 CKEM 241 347	Two/Half Men		Two/Half Men	Friends	Hates Chris		Big Brother 11 (N)		Royal Pains	Reviews	
	8 CITY 240 339	16.9 Picture		American Dad	The Simpsons	Family Guy		Big Brother 11 (N)		Family Guy	The Simpsons	News (N)
	13 KKLY - 371	News		Explorer TV	Home Videos	Just Laughs		Extreme Makeover: Home		Desperate Housewives	Brothers	
	16 KAYU - 373	House "Control"		"T" Death	American Dad	Greatest Myst.		The Simpsons "King of the Hill		Family Guy	The Simpsons	News (N)
	19 CHTV -	Inside Hollywood		Greatest Myst.	Greatest Myst.			Extreme Makeover: Home		D. Richards	Kendra	Kardashians
	22 KSPS - 374	Lark Rise to Candleford		Nature (DVS)				Masterpiece Mystery! (N) (DVS)			West Coast	MI-5
	15 CBCN 502 -	CBC News: Sunday Night (N)		Sex Slaves Sex trade in Europe and its ties to Canada.				CBC News: Sunday Night		CBC News: Sunday Night	Sex Slaves	
	54 CTVN 501 391	CTV News Weekend		News	CTV News			News		News	CTV News	News
	20 TSN 400 400	Boxing Friday Night Fights.		SportsCentre (HDTV) (Live)				Motoring 2009		Premier League Poker III (N)	Premier Poker	
	23 net 408 418	(6) MLB Baseball St. Louis Cardinals at Chicago Cubs.		Wrecked	Wrecked			Sportsnet Connected (HDTV)		Poker	SuperCars	
	47 SPEED 417 406	Wind Tunnel-Despain		Pinks - All Out (HDTV)				Wrecked		Wrecked	SuperCars	
	94 SCORE 410 403	Final Score		Final Score	World Cup of Poker			Poker Equalizer.		Final Score	Final Score	
	14 YTV 552 543	Rebound ** (2005, Comedy)		Martin Lawrence.				Prank Patrol	Prank Patrol	In Real Life	Adrenaline Proj	
	17 TREE 553 546	Friend Rabbit		Miss Spider	Bucket-Dinos	Toy Castle		Tipi Tales	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Han	Go, Diego, Go!
	45 FAM 557 541	(7:01) Jonas		Latest Buzz	Suite Life	Zoe 101		Zack & Cody	Han, Montana	Batman *** (1989, Action)	Jack Nicholson.	
	25 A&E 615 520	Gene Simmons		Gene Simmons	HammerTime	HammerTime		HammerTime	HammerTime	Bounty Hunter	Bounty Hunter	Gene Simmons
	29 FOOD 603 561	Iron Chef America		Iron Chef America	Jamie's Eat to Save Your Life			Restaurant Makeover		Get on Plate	Food Detective	Iron Chef Am.
	32 DISC 520 505	Mighty Ships "HMS Abelson"		MythBusters				Anthony Bourdain		Treasure Quest		Mighty Ships
	38 SPIKE 628 584	DEA (HDTV)		Jesse James is a Dead Man	Jesse James is a Dead Man			MANswers	MANswers	Jesse James		
	43 SPACE 627 528	The Matrix Reloaded *** (2003, Science Fiction)		Keanu Reeves, Laurence Fishburne.				(9:50) Blade II ** (2002, Horror)				
	50 STAR 621 56	Swingers *** (1996, Comedy)		Jon Favreau	Girl Next Door	Girl Next Door		Canada's Next Top Model		Girl Next Door		
	161 SUPER	The Closer (HDTV)		Burn Notice	Trust Me (HDTV)			Felon (2008, Drama)		Val Kilmer.		

Create your own Web TV show

INTERNET A few years ago, it would have been too expensive to create and broadcast your own web-based TV show. Now, all you needs is a laptop — or even a mobile phone with a video camera.

Here are a few of the better sites that can handle almost anything when it comes to creating video for the web.

• Qik (qik.com)

WHAT? This web service can receive video "live" from your mobile phone and stream it to the Internet simultaneously.

WHY? It's becoming more common to use your mobile video camera at conferences, demonstrations, rallies and big events — to share events and experiences in real time.

COMMENT? This is a very practical way to produce video for the net. You just record and your done. No editing or publishing. Harder to create that nail-biting drama, though.

• Ustream (ustream.tv)

WHAT? Web service built

around delivering longer live sessions from "real" video cameras or laptops with built-in video cameras.

WHY? There are many pages out there offering similar services, but Ustream is easy and fast to learn and use.

COMMENT? A lot of radio stations have found Ustream and they use it to find new listeners/viewers just by adding a web cam to the studio.

• Mogulus (mogulus.com)

WHAT? Ambitious web service where you're not only able to broadcast live, but also mix in video files or use correspondents transmitting live from anywhere in the world.

WHY? With Mogulus you feel like a real TV producer in the control room. It's also easy to start your own channel with the tools Mogulus offers.

COMMENT? You'll also find interesting broadcasts you won't find anywhere else, like the one from the international space station.

METRO WORLD NEWS

Cooking software a piece of cake

KATHY BUCKWORTH
for Metro Canada

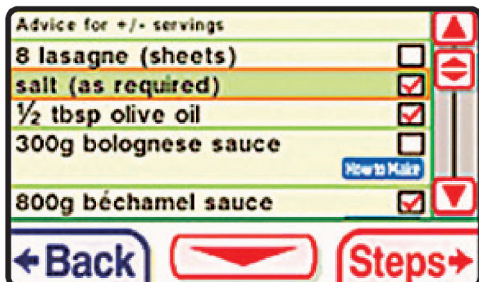
With four kids to feed on a daily basis, you'd think the last thing a busy mom would have the time to do is spend time on a Nintendo DSi. I used to think so too ... until I discovered their new software title, **Personal Trainer: Cooking**.

While it's not a surprise to find hundreds of recipes inside this virtual cooking coach, it's the more unique features you won't find on any cooking website or in any cookbook that make this the ideal kitchen companion, particularly when cooking with kids.

My 10-year-old daughter Bridget, otherwise known as the self-described "number one bacon fan," discovered the Ingredient Explanation section and scrolled quickly to her favourite food. "This smoked, salt cured pork belly has a smooth and tender texture." So that's what a pork belly is!

We breezed through some other explanations and then went to the Substitute Ingredients area, which I found to be extremely useful in a household where teenagers are constantly looting through my cupboards and refrigerators and stripping me of every condiment and baking ingredient. I learned that sake (not a staple in my house) could be substituted with water and a pinch of seasoning. Interesting ... but what's a pinch, really? I went to the terminology button and found that out too.

As I browsed around the program with my daughter, it occurred to me that, in my experience, having electronic equipment in a space where frequent liquids and powdery substances come into magnetic contact with little fingers might not be the best



A sample of what you will see on Personal Training: Cooking, which is now available for the Nintendo DSi.

combination. I flashed back to an unfortunate incident with my kitchen counter, my laptop, and a bag of flour. However, the Nintendo folks have thought of even that.

"It's fun to use voice commands like 'continue,' 'more details' and 'repeat' so that messy hands don't get the Nintendo DS all covered in food," says Nintendo Canada's Matt Ryan.

With that in mind, Bridget and I decided to travel the Personal Trainer: Cooking world by doing just that: Travelling the world of cooking, by country. Alternate options include by ingredient — no Bridget, there isn't anything that includes bacon wrapped in bacon, sprinkled with bacon — requirements, or key word. We went to France and discovered a

terrific recipe for onion tart (and bacon, natch), and started to follow the step by step cooking instructions.

"Personal Trainer: Cooking is a virtual cookbook that also includes ingredient checklists (which you can actually take to the store with you on your Nintendo DSi), tutorials by photo and video as well as a DS Chef that actually talks to you throughout the prep and cooking," explains Ryan.

Bridget flipped through the videos as I put together our tart. "You're doing that wrong, Mom! Try this!"

When we finished cooking, we discovered we could record what we had made, on which date, and how often. This, I think will be especially useful when the kids sit down to dinner and say, "Again? You always make this!" and I can honestly say, "Nope, not since March 3, 2009." Now pass the bacon.



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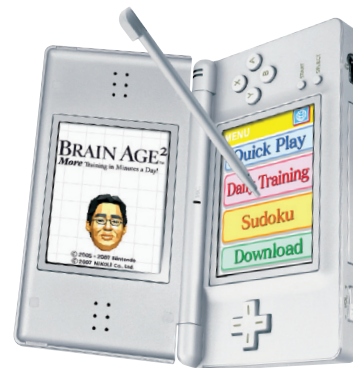
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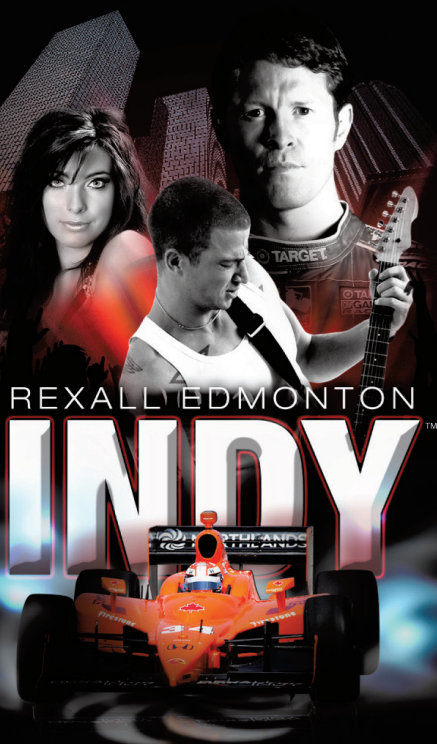


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metro

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Weekend, July 10-12, 2009

20 movies&entertainment

Going Out

Metro's 7th Heaven: Metro taps what's hot right now

1 Jennifer Lynch

DIRECTOR Her last film, *Boxing Helena*, confounded and angered critics and even drew a lawsuit from Kim Basinger. That was so 1993. Now David Lynch's daughter is back with another bid to out-weird father with the mind-bending *Surveillance*. In limited release right now, the film is once again courting controversy for its gruesome images and general strangeness. Dad must be so proud.



2 U2 Mobile Album

APPLICATION Canada's own Research In Motion turns the heat on iPhone with this Blackberry bait. Although the details are still vague, it appears that the app will allow users to listen to the latest U2 album *No Line on the Horizon*, watch videos, and read news updates. More interestingly, users will be able to share video clips from U2 concerts.

3 Bud Light Lime

DRINK This tangy twist to our favourite beverage is fast becoming the booze of choice this summer. Launched last month, liquor stores across the country are having a hard time keeping up supplies, according to several news reports.



4 Joel Plaskett

MUSICIAN Good things come in threes. First up, the indie-rocking Haligonian's recently released triple-album racked up some glowing reviews. Then, he was short-listed for the prestigious Polaris prize. And now he has been selected to open for Sir Paul McCartney's show this weekend in Halifax.

5 The Lost Symbol campaign

PUBLISHING The promotion for Dan Brown's new thriller is set out to be a bit of a puzzle. Publisher Doubleday announced that Brown's follow-up to *The Da Vinci Code* will be preceded by a summer-long procession of "codes, cryptic trivia, puzzles, secret history, maps, aphorisms" and other daily teasers on Facebook and Twitter.

6 United Breaks Guitars

VIDEO When United Airlines luggage handlers broke one of Dave Carroll's guitars and gave him a hard time when he sought compensation, the Halifax-based musician (of the band *Sons of Maxwell*) recorded this little ditty as his response. Now the video has gone viral, netting 220,000 hits on YouTube as of Wednesday evening.

7 Harry Potter and The Half-Blood Prince

FILM Pottermania strikes again. The sixth silver screen instalment of the beloved series premiered in London this week to rave reviews and screaming fans.

Mix of Six

Summer Slam Roller Derby

When: Sunday through Monday
Where: Sherwood Park Arena (2021 Oak Street)
The Canadian Women's Flat Track Roller Derby girls are hitting the track in a massive two-bout scrimmage with players from leagues around the province. Admission is \$10, and kids under 12 are free.

Art Walk

Where: Whyte Avenue
When: Friday-Sunday
Over 300 artists will display their work on the Ave, in this yearly tradition. A pancake breakfast in McIntyre Park will kick off the weekend Saturday morning, and a street fair and fashion show will shut down the block from 103 to 105 Street Sunday afternoon.

The Lion King

Where: Northern Alberta Jubilee Auditorium
When: All weekend, with matinees Saturday and Sunday

Tricked into thinking he killed his father, a guilt ridden lion cub flees into exile and abandons his identity as the future King.

Sourdough Raft Race

Where: Terwillegar Park
When: Saturday and Sunday

Watch a river teeming with elaborate homemade rafts race for the finish in this two-day event which features a pancake breakfast, face painting, music, water fights, displays, and a shower from the great divide waterfall.

Edmonton International Street Performers Festival

Where: Churchill Square
When: All weekend, wrapping up Sunday
The Edmonton International Street Performers Festival was the first of its kind in North America. Now in its 25th year, it is known worldwide for its amazing artists and generous audiences.

Edmonton Capitals baseball

Where: Telus Field
When: Friday at 7 p.m., Saturday at 7 p.m. and Sunday at 2 p.m. against the Victoria Seals

Catch pro baseball action as the Edmonton Capitals take on their B.C. rivals, The Victoria Seals.

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Gwyneth Paltrow is slimmer thanks to a mostly juice detox diet she followed for three weeks, usmagazine.com reports. "I feel pure and happy and much lighter," the actress writes in her GOOP newsletter. **METRO NEWS SERVICES**

Celebrity Buzz

Justin to write golf book

FORE! Justin Timberlake is writing a book about golf, femalefirst.co.uk reports. The singer has reportedly employed a literary agent to send out a short synopsis of the planned tome, in the hope of securing a publishing deal.

The book is said to be a memoir that follows "Timberlake's time on the green and his experiences playing with various competitors." Agent David Vigliano got in touch with several editors last month, it has been claimed.

Timberlake's love of golf is well known, and he plays with an impressive

six handicap. The 28-year-old singer owns his own golf course — the Big Creek Golf Course near Memphis — and has previously admitted his proudest moment relates to the sport.

He said: "I loved appearing on the cover of Golf Digest magazine. I'm not going to lie. I mean, I'm done. I don't have to do another magazine cover ever again."

METRO NEWS SERVICE



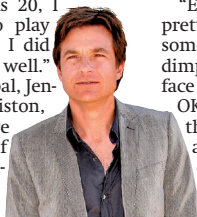
GETTY IMAGES

Bateman's wilder days as a child actor

RISKY BUSINESS Though he's mellowed since then, Jason Bateman admits he went through a bit of a wild period after starting out in Hollywood as a child star.

"It was like Risky Business for 10 years," he tells Details magazine. "I'd worked so hard that by the

time I was 20, I wanted to play hard. And I did that really well." His close pal, Jennifer Aniston, was there for some of the craziness.



"Even though he was pretty wild in those days, something about those dimples and that sweet face made you go, 'Oh, it's OK that you just drove up the street backwards in a Range Rover with the door wide open,'" she says. **METRO WORLD NEWS**

Wardrobe malfunction

ACCIDENTAL FLASH Emma Watson laughed off an accidental red carpet wardrobe malfunction during an appearance on last night's Late Show With David Letterman, usmagazine.com reports.

The actress inadvertently flashed her underwear at Tuesday's London Harry Potter premiere while adjusting her floor-length vintage Ozzie Clark dress in the pouring rain.

"This was a

small wardrobe malfunction that happens," Watson, 19, giggled to Letterman while holding her head in her hands. "I actually don't remember it happening."

There was one saving grace though. "At least I'm wearing underwear!" she joked.

METRO NEWS SERVICES



Madonna's a shrewd buyer

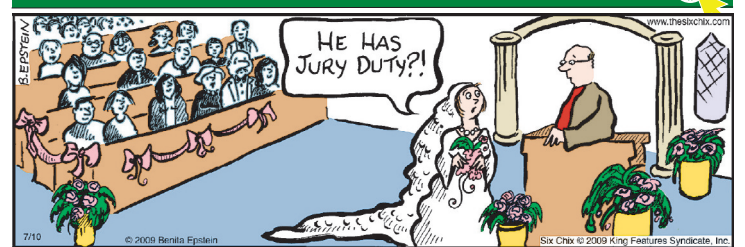
REAL ESTATE Looks like Madonna is a shrewder real estate buyer than everyone thought. Deeds filed for her new Manhattan townhouse show that the property was purchased for \$32 million US, even though it was listed for \$45 million, according to the New York Observer. And since there were no mortgage records filed as well — she doesn't have to worry about foreclosure down the line.

METRO WORLD NEWS



ComicsOnline

For more cartoons, visit metronews.ca



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Look for the dino-prints everyday inside your Metro from Wednesday July 8th to Friday July 17th.

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Friday
Mostly sunny
22°C / 4°C



Saturday
Early showers
22°C / 10°C

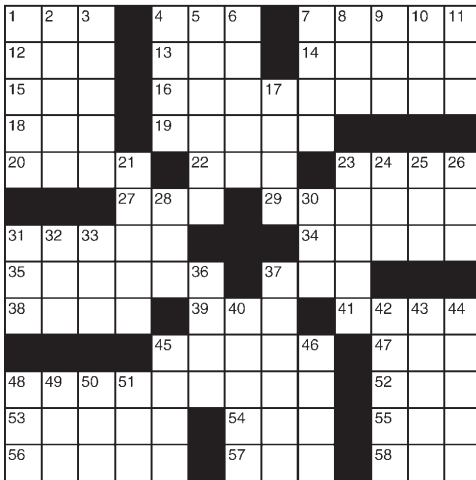


Sunday
Partly cloudy
25°C / 10°C



Michele McDougall, Weather Specialist & Host - Breakfast Television

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



Crossword across

- | | | |
|----------------------------|-----------------------|------------------------|
| 1 A welcome sight? | 23 Frat-party garb | ner |
| 4 "Eureka!" | 27 Started | 52 "Hail!" |
| 7 Halloween option | 29 Cheap | 53 Pseudonym of a sort |
| 12 "The — Daba Honey-moon" | 31 "Cats" inspiration | 54 Prior to |
| 13 Wager | 34 Put into words | 55 Trail the pack |
| 14 Proportion | 35 Small chicken | 56 Wear |
| 15 Gridlock component | 37 Feathery accessory | 57 Boar's mate |
| 16 Garnet variety | 38 Osseous | 58 Crafty |
| 18 Fool | 39 Tokyo's old name | |
| 19 Steeple | 41 Region | |
| 20 Expert | 45 Incarcerates | |
| 22 — de cologne | 47 Crony | |
| | 48 Simon's part- | |

Crossword down

- | | |
|---------------------------|-----------------------|
| 1 Large, showy parrot | 28 H, to Hellenes |
| 2 Embarrass | 30 Seek the hand of |
| 3 Ankles, to anatomists | 31 Go back |
| 4 Rudiments | 32 "7 Faces of Dr. —" |
| 5 Piled | 33 Hostel |
| 6 Places in the heart | 36 Intend |
| 7 Verifiable | 37 Ravel piece |
| 8 Operated | 40 Levees |
| 9 List-ending abbr. | 42 Fiery gems |
| 10 Have a bug | 43 Fleet-related |
| 11 Placekicker's pride | 44 Plaintive poem |
| 17 Very dry, as champagne | 45 Equitable |
| 21 Polish money | 46 Passel |
| 23 November birthstone | 48 Petrol |
| 24 Kyoto cummerbund | 49 Heidi's height? |
| 25 Card-table call | 50 Carnival city |
| 26 Consumed | 51 Distant |

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	6	1	7	5	9	8	4	3
4	3	7	2	8	1	9	6	5
5	8	9	6	3	4	1	2	7
9	4	6	3	7	8	2	5	1
3	1	2	9	4	5	7	8	6
7	5	8	1	2	6	3	9	4
1	2	4	5	9	3	6	7	8
6	7	5	8	1	2	4	3	9
8	9	3	4	6	7	5	1	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

- | | |
|-------------------------|-----------------------------|
| Under 13 min.....Genius | 17-21 min.....Smart |
| 13-17 min.....Scholar | 21-25 min.....Not bad |
| | 25+ min.....Keep practising |

Metro Recipe of the Day



Pork with Egg Noodles

INGREDIENTS:

Salt and black pepper
1 lb (500g) pork fillet
8 scallions
2/3 lb (300 g) celery
2/3 lb (300 g) small button mushrooms
1 tbsp (15 ml) olive oil
1/2 lb (230g) egg noodles
3 tbsp (45 ml) wholegrain mustard
3/4 cup (175 ml) whipping cream

METHOD:

- Preheat oven to low setting to keep pork warm later. Put large pot of lightly salted water on to boil for noodles.
- Cut pork into thin strips; season with pepper. Trim, rinse, and slice onions and celery; clean and slice mushrooms.
- Heat half the olive oil in wok or frying pan over high heat and stir-fry pork 4-5 minutes, until lightly

coloured. Remove and keep warm.

- Add remaining oil to wok or pan with celery and half the scallions and stir-fry for 5 minutes. Add mushrooms and cook until soft.
- Add noodles to boiling water, cook for 3 minutes, then drain well.
- Stir mustard and whipping cream into vegetables and bring mixture to boil. Add pork, heat through, then season to taste.

- Serve pork stir-fry spooned over noodles, sprinkled with remaining scallions.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20
Forget about duty, forget about what other people say has to be done — your one and only aim today is to have fun.



TAURUS
APRIL 21-MAY 21
Act as if important people are watching you closely today — because in all probability they are. You may be offered some kind of promotion.



LIBRA
SEPT 23-OCT 23
Today's Jupiter-Neptune union in the sympathetic sign of Aquarius will help you to reach your full potential. Lady Luck is very much on your side.



SCORPIO
OCT 24-NOV 22
You are going through a cycle where many of the things you believe are being questioned or put to the test. Don't be so fixed in your attitude.



GEMINI
MAY 22-JUNE 21
Today's magnificent Jupiter-Neptune alignment will bring a stroke of good fortune you did not dare dream was possible.



SAGITTARIUS
NOV 22-DEC 21
A friend or relative will go out of their way to make you feel good today, which in turn will make you feel good about the world as a whole.



CANCER
JUNE 22-JULY 22
If what you get out of something today seems way out of proportion to what you put in, you may feel like a fraud — but you deserve your reward.



CAPRICORN
DEC 22-JAN 20
You have done what was asked of you and now you can follow a new path, one that satisfies desires that have for too long been suppressed.



LEO
JULY 23-AUG 23
According to the planets life is good and will get even better over the weekend. Spare a thought for someone who has not had it as good as you.



AQUARIUS
JAN 21-FEB 18
A once-in-a-lifetime chance to show how much you care, not just for one individual but for the world as a whole, is about to present itself.



VIRGO
AUG 24-SEPT 22
No matter how many times your ambitions have been frustrated you will enjoy some kind of success today and tomorrow.



PISCES
FEB 19-MARCH 20
It may well be that someone you thought you could trust has been telling tales about you behind your back, but is it worth making a fuss about?



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- Manipulate Oscar-winner Penelope (1)
- Does damage to upper-body limbs (1)
- Free NBA star Yao from jail (1)
- Swain's modeling stance (1)
- Molding a video session (2)
- Catholic father's wild animals (1)
- Ives's partner's rishers (3)

BY TRICKY RICKY KANE
Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

ANSWERS: 1. LICK CHUR 2. HARMS ARMS 3. SPRING MING 4. BEARS POSE 5. SHAPING TAMPING 6. PUNTERS BEASTS 7. CHURCHES HURDLES 7-10-09

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This day in history

- JULY 10, 988: The city of Dublin is founded.
- JULY 10, 1925: Scopes Trial: In Dayton, Tennessee, the so-called "Monkey Trial" begins with John T. Scopes, a young high school science teacher, who is accused of teaching evolution.
- JULY 10, 1938: Howard Hughes sets a new record by completing a 91 hour airplane flight around the world.
- JULY 10, 1966: The Chicago Freedom Movement, lead by Martin Luther King, held a rally at Soldier Field in Chicago, Illinois. As many as 60,000 people came to hear Dr. King as well as Mahalia Jackson, Stevie Wonder, and Peter Paul and Mary.

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